

## The Spiritual Gateway

This document discusses the Spiritual Gateway or path to unity of heart and mind. Every person has gates to their spirit, mind, and body.

### **GATEWAYS**

A Gateway is an energetic state of being or our place of authority where dominion is exercised. Whoever or whatever controls your life's different gateways exercises authority, dominion and control over you. Our spirit has eight gateways; our soul has seven gateways; and our body has five gateways.

#### The Eight Gateways of our Spirit

- Heart/Mind/Energy Generator
- Intuition
- Telepathy
- Clairvoyance
- Precognition
- Empathic
- Telekinetic
- Consciousness

#### The Seven Gateways of our Soul

- Heart/Mind
- Emotions
- Free Will
- Awareness
- Sub Conscious
- Focus/Truth
- Recognition

#### The Five Gateways of our Body

- Heart/Mind
- Senses (Touch, Vision, Auditory, Taste, Smell, Pain, Mechanoreception, Temperature, Interoreceptors, Proprioceptive, Vestibular Sensing, Midline Torso Sensing)
- Nine Chakras (Soul Star, Crown, Third Eye, Throat, Higher Heart Thymus, Heart, Solar Plexus, Sacral, Root)
- Thoughtform
- Hara Line

If you have reached this point in your training, then you have systematically been clearing your gateways. The most important part is that you “have” cleared your gateways.

### **HEART/MIND**

The human heart emits an electromagnetic field that surrounds the entire body in every direction. We know this as our toroid field. This field sends signals to every cell in the body, affecting physical, mental,

and emotional health and well-being. This heart field interacts with and is affected by the electromagnetic field of the Earth, as well as other people, plants, animals, and really everything, including space, planets and even stars.

The electromagnetic human heart field is a powerful source of energy and information that literally tells all the cells in our body what to do. It exists within and is a part of a Universal ocean of energy and information, which can be accessed by the human mind under the right circumstances.

We access Heart Intelligence by creating a mind with our heart in which

- A Heart/Mind overcomes the Illusion of Separation and sees the connection in all things.
- A Heart/Mind has access to infinite energy, intelligence, and Source.
- A Heart/Mind receives inner guidance and experiences inner peace.
- A Heart/Mind creates a world of abundance, happiness, and well-being.

In order to achieve the spirituality of Heart/Mind, one must ensure the heart and mind are whole. One must understand that pieces of the heart, mind, and spirit have been given throughout the course of one's lifetimes. One's spirit will be renewed by the Universal Source, but one's heart and mind must contain the collective experiences of one's past, present, and future.

### **RETRIEVING LOST PIECES OF THE HEART AND MIND**

The first obstacle in retrieval of lost heart or mind pieces is to actually find the lost piece. There is a vast universe out there and the lost piece could be anywhere in space and time. Finding a lost piece is infinitely more difficult than finding a needle in a haystack!

Everybody has a specific frequency which is totally unique. When you know the frequency of yourself you can find the lost pieces wherever they are and connect to them telepathically or within the astral. To find a lost piece just follow the energetic signature of that piece and seek healing for it.

Occasionally, there are reasons why a piece may not want to return. The most common one is probably fear of further suffering. Sometimes the piece enjoys where it is at in another environment that it doesn't want to return to the world of matter. Convincing an unwilling piece to return requires serious skills and sometimes cunning. Occasionally the lost piece has a condition for returning. These are usually simple things and not outrageous demands. For example they want more fun time and not so much work, or more spiritual practices.

On return of the piece the individual usually feels an energy entering them. This can occasionally be accompanied by a vision. More frequently there is a strong emotion on reconnecting with the piece. Mostly this is a happy and familiar feeling, a sense of relief, but sometimes the old sadness or trauma will come up again and be experienced once more to then be permanently released during the healing recognition which often follows piece retrieval.

The healing recognition is the understanding that these pieces must be evolved to the individual's current state of awareness. Sometimes these lost pieces are more evolved than the individual's current state of awareness and the individual must wait for the awareness to catch up.

An individual must descend with the mind into the heart, and there stand before the Universal Source, ever present, all seeing within you.

## **SPIRITUAL HEART**

The Spiritual Heart is the Supreme Consciousness, the ultimate Subject, the pure "I." It is the ultimate connection to SOURCE and your connection to Infinite Intelligence, Inner Wisdom, Inner Guidance, the Universe, your Higher Self and so much more. It is the Witness Consciousness, that intimate observer of all our thoughts, emotions, sensations, and the entire Universe in both its inner and outer dimensions. The Spiritual Heart becomes the ineffable dimension of our being.

Our spiritual heart embodies a level of consciousness unto itself. More importantly, it is the key to our deepest fulfillment and the doorway to experiencing a deeper relationship with the Universal Source, This state of being is characterized by profound peace, gratitude, joy, safety, and Unconditional Love and our connection to our spiritual heart transcends belief systems and cultures. When we live from our hearts, we experience life in its true colors. Our spiritual heart is the necessary counterpart, which creates balance and harmony in our lives. Our Heart successively becomes the object of knowledge, the instrument of knowledge, and, ultimately, the source of our focus (the knowing). This process starts in the Heart and returns to the Heart. The solitude and intimacy of the Heart reveals the essential Unity and Oneness of all existence. The Heart exudes a sense of Truth and a sense of Pure Existence.

From a young age we are taught to respond to the world through our mind. While our mind is a beautiful gift, it is not the core of who we really are. The mind is not only limited by its ability to grasp certain concepts, it can be emotionally reactive and clouded by subjectivity in ways we may not be aware of. Many problems including stress, burnout, negative attitudes, unforgiveness, and relationship issues surface when our mind is stubbornly in charge. In order to experience heart-mind alignment and its many benefits, our mind must become an ally carrying out the wisdom of our heart.

The Spiritual Heart is connecting Mind, Body, and Spirit. It is the gateway bringing the spiritual into your physical life experience. Before you can "know" and apply the aspects of mind and body, you must open the gateway to spirit and experience heart intelligence, inner guidance, inner peace and well-being. The Spiritual Heart is the Gateway to Accessing all the Knowledge of Your Life.

### **ACTIVATE-LINK-RECEIVE**

#### **ACTIVATE - 11:11 Gateway Codes and Crystalline Codes**

1. Begin the Meditative State of Senninka
2. Unlock your Highest Vibration
  - Awaken Divine Intelligence
  - Unlock the pathways of your Divine Destiny.
  - Unlock the Crystalline Diamond Light Codes of Consciousness
  - Re-calibrate with the Highest Divine Possibilities for your life.
3. Transform and Activate Your Energy Field
4. Gateway Activation
  - Download the codes of your soul potential
5. Reconnect with The Light
6. Attune Your Divine Soul Harmonics

### **LINK the Spiritual Gateway**

1. Once the spiritual gateway activates it then sends an energetic signal to your pineal gland and pituitary gland - forming a pyramid or light within the brain that joins up with the back of the neck. An energetic DIAMOND LIGHT is formed between the charged up pineal and pituitary glands, the spiritual gateway and the heart.
2. Unified Heart forms the star tetrahedron shape to amplify the Unity Grid of Divine Love and the encodings of Light.
3. The Lion's Gateway, the Divine Feminine energy amplifies in its full magnificence. We link to the Golden Flower of Life and the Golden Solar Sun Disc of Light. We receive and transmit the energy of Self Mastery through the streams of Khristos Consciousness accessed through parallel realities as the timelines merge and take us ever deeper into the Khristos Khrystallis Timelines with the knowing that we are the sacred transfiguring Flames of Divine Love.
4. We are given the Solar Crystalline keycodes of Light to balance the energies of the Divine Masculine and Divine Feminine Principles of Light in Divine Love, Peace and Harmony.

### **RECEIVE and give GRATITUDE**

1. Begin to create the ripple effect of unconditional love using the new energies of spirituality through the Light.
2. Give gratitude
3. Meditate with Kensharim