CODES OF CONSCIOUSNESS

Shakespeare once said, "There are more things in Heaven and earth than are dreamt of in all your philosophies." What he was saying was that there are more things (levels and layers of life and consciousness) in this universe than we can possibly imagine.

There is a difference between systems of conscious *evolution* and systems of conscious *awakening*. The stages of conscious awakening reflect the macrocosmic process of conscious evolution. We are not here to grow our souls from scratch, as there is no time left for that, but rather to awaken ourselves into full spiritual remembrance. We don't start off life as a blank slate, because we retain our soul blueprint that has recorded everything from prior incarnations. The higher centers of the soul may simply be latent or atrophied due to biological and social programming factors we receive from past lives and bring forward through birth that cause neglect and forgetting; and if so, then accessing them is not as impossible and incomprehensible as one may think.

Observing yourself expands the bandwidth of your awareness, breaks negative forms of confluence, and has enhancing effects on your conscious mind and soul. Returning to your center allows you to choose in the moment what to think, feel, or do next. Without self-awareness there is no choice, just a mechanical reaction to a given stimulus. By default we behave like machines, but at any moment we can regain the lucidity of our recognition and disengage the autopilot.

In practice, these stages of conscious awakening are not discretely sequential like grades in school. Rather, we occupy one of the stages as a primary center of gravity (our state of being) yet can spontaneously spike into the higher levels or drop into the lower.

The higher stages are trickier to access and maintain, but that does not mean we are barred from accessing them, just that without practice we access them less frequently. The glimpses we catch of the higher stages should motivate us to acquire them permanently as our new center of gravity and state of being. This is much like regular dreamers being motivated by spontaneous lucid dreams to practice and have them more frequently until it becomes the normal mode of dreaming. Higher awareness happens in flashes, like a fluorescent bulb flickering before fully igniting or the new (perspective).

Having said that, the Codes of Consciousness are paramount to the stages of consciousness (awakening and evolution) leading to super consciousness. Super Consciousness transcends ordinary consciousness. In the superconscious state, our mind encompasses a level of awareness that sees beyond material reality and taps into the energy and consciousness behind that reality. It is our ability to tap into the "ether" or essence of the universe and into the flow of electromagnetic waves that permeate all matter and space. The state of super consciousness is harmony, wisdom, and balance.

First off, you cannot see the codes if you cannot still your mind. Cultivating this ability takes time. It takes time to become accustomed to openness. It takes time to work through all the fears and emotional reactions that you have about the possibility that there might be a different way to approach your life. People often quit practicing meditation because they cannot still their minds and bodies. Like any life changing thing, you have to practice regularly — and in this case, practice does make perfect.

Next, we begin with a simple understanding of dimensions. Dimensions organize the different planes of existence based on their vibration rate. Each of these dimensions follows a certain set of laws and

principles that are particular to its frequency. This becomes important because "Multidimensional Consciousness" means we are accessing more than one dimension at a time—even though most of us are not aware of it. For example, we are sometimes accessing multiple dimensions when we are multitasking or when we are receiving spontaneous or creative insights. Since accessing several dimensions means tapping into multiple levels of consciousness, it also means accessing beings that reside in those various dimensions.

The first thing to remember when developing expanded consciousness is that it's better (and safer) to develop voluntary gifts, rather than involuntary gifts. Voluntary gifts means that we remain in control of the experience and are never "taken over" by others (which is involuntary). Another potential challenge is that experiencing life from a multidimensional mind can be overwhelming on one's life, one's brain, and one's nervous system—even raising one's agitation level. That's why the world's geniuses are considered to have been so rude. They are processing at light speed and it's hard for them to understand others who "waste time."

Imagine what it would be like to experience spontaneous insights from higher levels of consciousness, while at the same time navigating intense levels of human emotion, and trying to deal with work or daily human tasks and conversations. That's sometimes what it's like to be multidimensional. It can become energetically overwhelming. In other words, there are just as many challenges from being too high as there are from being too low. The solution is to have a balanced life and a balanced (grounded) consciousness.

Too many people are far too imbalanced and hypersensitive. So the heightened energy over-stimulates them. Their auric field is already too thin (which is like the opposite of being "thick-skinned") to be able to withstand the energy of higher dimensions that might try to pour down into their being. Imagine a physical vessel shaped like a "V" trying to hold the Divine Presence. Without a wider base (more foundation) it's more likely to burst at the bottom. Another analogy would be that of trying to flood a great deal of water into a balloon that has thin areas of material. It will obviously burst. In the case of energy flowing into our bodies, this will affect our thought-processing and our nervous-system. The solution is to expand or widen our base. In other words, expand our awareness and perspective to achieve a higher frequency.

Next we understand that the Creation of all things consists of balance in that it is not just a positive creation, it is also negative from both anti-matter and dark matter. We can also look at it as the "Enlightened Consciousness" (positive) or the "Illusion Consciousness" (negative).

Illusion Consciousness are those on the negative path, who have chosen the detour, the path of separation, and have accepted the resulting struggle as a way of life. Rather than getting back on track, they toughen themselves to face the pain, and make an industry out of pulling other beings off track and into the wilderness to be fed upon. Their subjectivity fools them into thinking that their fantasy interpretations of reality are objective.

An Enlightened Consciousness means we exist to learn and evolve. The nature of a particular reality we operate within reveal how such lessons should best be learned. This is because at some level, we choose the circumstances of our lives to best facilitate our evolution. Evolution progresses most efficiently when full use is made of all available resources, physical and metaphysical.

There are many complex and nuanced aspects to the idea of Infinity. This means it is infinite in time, space and number of dimensions or worlds. It has infinite potential that is unbounded and timeless.

Likewise, infinity is both positive and negative. Infinity is just a concept of endlessness, and can be used to represent numbers going on forever. Negative infinity is the opposite of (positive) infinity, or just negative numbers going on forever. Remember that infinity subtracted from infinity is still infinity. It is, therefore, the balance in all things that meets at the perfect balance as the consciousness of existence.

So in accordance with the cycle process of infinity, time, and space....things will repeat over a very long period of time; and they will repeat almost exactly as they had been. This becomes important to our recognition and our ability to evolve.

The Codes of Consciousness write the attitudes and behaviors you develop and the actions you take that create your frequencies that broadcast your essence everywhere. When we are conscious of this fact, we are more actively approaching our consciousness with more awareness.

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