

SPIRITUAL EVOLUTION

Spiritual evolution literally means that you are collectively evolving from a simple physical form dominated by nature, to an enlightened higher form dominated by the Divine. Inherently, the breath of spirituality exists within the soul of each of us.

We experience different levels of consciousness as we climb our individual evolutionary scale. Each level has its own positive and negative aspects. At the lowest level:

1. The first level is the physical level. This is the level where we are focused on our physical bodies and the material world. The positive side of this level is that we are able to experience life in a physical form. We can taste, touch, smell, see, and hear the world around us. We can also feel pleasure and pain on this level. The negative side of this level is that we can get caught up in our physical desires and become slaves to them. We can also become attached to things in the material world and suffer when they are taken away from us.
2. The second level is the mental level. This is the level where we are focused on our thoughts and ideas. The positive side of this level is that we are able to reason and think logically. We can also solve problems on this level. The negative side of this level is that we can get lost in our thoughts and become disconnected from the present moment. We can also become caught up in our mental models and suffer when they are challenged.
3. The third level is the emotional level. This is the level where we are focused on our emotions and feelings. The positive side of this level is that we are able to experience a wide range of emotions. We can also feel empathy for others on this level. The negative side of this level is that we can get lost in our emotions and become controlled by them. We can also suffer from emotional pain and trauma.
4. The fourth level is the awakening level. This level is a learning process integrated into life itself. Consciously shifting our awareness directly from the false-self to the true-Self is almost impossible, and even if it does occur, it doesn't always last. Before we can permanently enter the "authentic" world of our true-Self we need to neutralize the "inauthentic" charge of our false-self. This is achieved by:
 - Becoming Self: This is the psychological/personal aspect of the path. It involves dissolving the psychological material (exiles, holes and ego structures) that block the unfoldment and expression of our true nature.
 - Being Self: This is the spiritual/transpersonal aspect of the path. It involves aligning with our true-Self and actively expressing our true nature. This develops our association with our true-Self, so that someday we will come to realize that this is who we truly are.When we pass through the neutral zero-point, our sense of identity spontaneously shifts from the false-self to the true-Self; then Being and Becoming unite.
5. The fifth level is the spiritual level. This is the level where we are focused on our soul or higher self. The positive side of this level is that we are able to connect with our true nature. We can also experience love, joy, and peace on this level. The negative side of this level is that we can get lost in our spiritual ego and become disconnected from our true self. We can also suffer from spiritual pain and trauma.

Spirituality is considered a journey during which we pass through various spiritual awakening levels to reach our goal of self-awareness and knowing the ultimate truth of life. It is a process of continuous awareness by expanding our spiritual horizon. It is unfolding our ego and peeling those layers one-by-one till our lofty spirit is left. From here onwards, the spirit takes full control of our consciousness, and we come to the level of oneness with this universe.

Spiritual awakening is always the awareness of the present moment and a feeling to change ourselves. With this frame of mind, let us look at the spiritual awakening levels on the way to reaching our destination. Each level takes us to self-discovery and realization.

1. Inner Conflict: It leads to a situation of conflict between what we perceive and what is the truth. There are times in our lives when we feel that life has no meaning left for us. When things are not in our hands, we are on a roller coaster of anger, frustration, and self-doubt. We are unhappy and feel the desire to take our life into our own hands. Sometimes the death of our loved ones, a tragedy, or a trauma, tends to trigger spiritual awakening. We want to connect to those who are no longer physically with us.
2. Shifts in consciousness: we have a desire that we need to understand and improve our self-awareness. That leads us to the next step of spiritual awakening levels through inquisitiveness. An awakening always starts with the step by step shifting of our consciousness. We realize that we have to change ourselves and not the world. We look vigorously for information about anything related to the soul and spirituality. The answers start focusing our attention on love and gratitude. We also start exploring spirituality for all metaphysical things. At this level, we get a feeling that we are on this earth for a reason. To resolve our inner conflict, we will have to listen to our heart. Then we will be able to understand what we were trying to silence. Finally, we see that it is internal to us or just some trivial external issue.
3. Expansion through introspection: Our consciousness expands, and we begin to see the world on a deeper level. With this awareness, we feel one with the universe. We perceive the need to start walking on the path for a higher purpose. At this level, we go through the process of self-discovery and learn about our future growth. Our inspiration follows us. There are challenges, no doubt, but we are better equipped emotionally and spiritually to deal with them. In this level of spiritual awakening, we experience our relationship with the universe and its magic. Our main objective is to heal ourselves and to help others in their journeys. There are several spiritual healing techniques. This level is most important among all the spiritual awakening levels.
4. Deciding the Path: knowing yourself. If one seeks after the goal of the Intended One of Source, the spiritual path appertaineth to the self—but that self which is the Self of Source within and with the Universal Laws.
5. Challenges that lay before: challenges are necessary for our growth and evolution. They help us to expand our awareness and understanding of ourselves and the world around us. Without these challenges, we would not be able to grow spiritually.
 - a) The first challenge is the challenge of the physical level. This is where we are challenged to let go of our attachment to things in the material world. We must learn to detach ourselves from the things that we own and the things that we have. We must also learn to control our physical desires and urges. If we can overcome this challenge, we will be able to move on to the next level.
 - b) The second challenge is the challenge of the mental level. This is where we are challenged to let go of our attachment to our thoughts and ideas. We must learn to detach ourselves

from our beliefs and opinions. We must also learn to control our thoughts and emotions. If we can overcome this challenge, we will be able to move on to the next level.

- c) The third challenge is the challenge of the emotional level. This is where we are challenged to let go of our attachment to our emotions and feelings. We must learn to center ourselves within our emotions and feel them without being controlled by them. We must learn to control our thoughts and emotions. If we can overcome this challenge, we will be able to move on to the next level.
- d) The fourth challenge is the challenge of the spiritual level. This is where we are challenged to let go of our attachment to our spiritual ego.

- 6. The sixth level is the cosmic level. This is the level where we are connected with the entire universe. Cosmic awakening is very distinct from enlightenment. The positive side of this level is that we are able to see the beauty in all things. We can feel a sense of oneness with all that exists. The negative side of this level is that we can become lost in the vastness of the cosmos and feel disconnected from our physical bodies. We can also suffer from feelings of isolation and loneliness. This is a process that challenges the foundation for understanding the nature of the Universe. During awakening our perspective on how we see the world is radically changed. It is flipped upside down or turned inside out. After experiencing this state your understanding of the world shifts and you incorporate new concepts that you were unaware of or had rejected. A true cosmic awakening causes you to recognize that much of what you previously thought or understood was quite limited or incomplete.

During the events of the Cosmic Awakening, it requires the opening of 19D, 20D and 21D in order to host the Triple Solar Feminine rishic consciousness (i.e. Solar Reisha) and the Elaysa-Melchizedek Universal Mother architecture. The Elaysa Code activations are transmitted and anchored into the Albion LightBody. The Elaysa Code corresponds directly to the many layers of Krystal Cathedrals that are built through every dimensional plane in the Albion LightBody. The Elaysa fields are that which give access through the individual's central nervous system to run the krystal tri-wave currents that open into Aurora timelines or other organic ascension timelines, which serve that individual's unique highest expression.

Essentially this means that the entire Universal Time Matrix, our Milky Way system has shifted into the higher frequency domain of the non-dimensionalized Cosmic layers of the Universal Source field as an Ascension Host Failsafe Plan. This entire Universal Time Matrix is residing within the nested holographic matrix of the next Harmonic Universe layers and into the parallel matrices that hold the Cosmic Kryst-Krystallah divine blueprint from within the four Worlds. The Personal Khristos identity will reconfigure the plasma orb body for merkabic alignment to the portal passage that is chosen for the next stage of consciousness growth or creational experience during the Ascension Cycle. The majority of soul groups on the earth that are continuing their consciousness learning journey beyond this lifetime into the 5D parameters, and require direct Guardian hosted re-education towards the mechanics of Ascension and Service to Others in order to fully deprogram from AI, will be guided by their spiritual family through the Consciousness Corridors.

The configuration of the personal LightBody and ascension vehicle is based upon genetic spiritual lineage and the choice that is made by the Avatar self when navigating the holographic matrix through the Core of Creation which leads back into the corridors of the four Worlds. Some Starseeds will return home to the original ancient builder Kristos matrix of the Emerald Covenant, while others may choose to navigate into exploring other Cosmic Khristos family creation matrices, the possibilities are indeed limitless.

The expansion into these three new bands of Cosmic Universal Source field creations have been integrated within our Universal Time Matrix, which allows direct contact and communication from many of our Kristos spiritual families that reside within several different creation matrices located in the four Worlds. The triad of the 16D, 17D and 18D matrices along with the triad of the 19D, 20D and 21D source fields have been anchored onto the planet through Stargate Hubs and organic chakra flowering systems, which are portal passages from the four Worlds and are the means through which Cosmic Forces are manifesting the Cosmic Trinity in this density.

