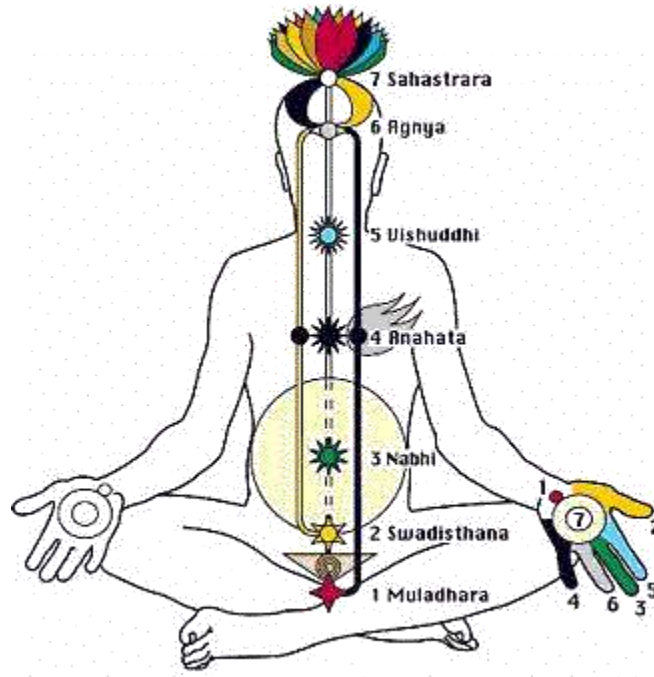
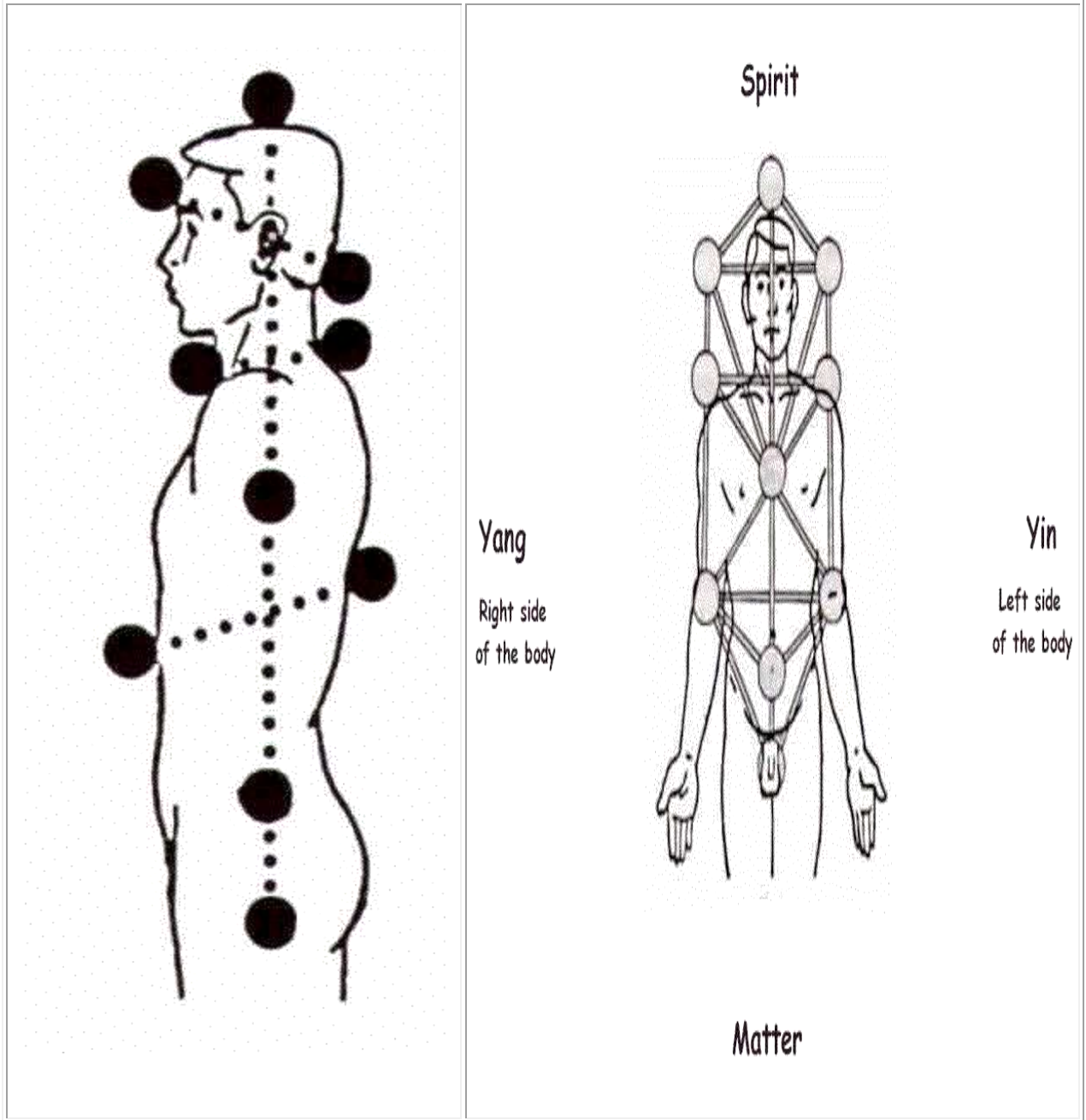


Chakras System, Pictures and Chart

Chakras are vortexes of energy in the body; here are the 7 main chakras and their locations:



Chakras are yin when they receive energy, Yang when they emit energy. Some of them are more likely to move and to differentiate themselves, due to their intermediate position. The energetic structure of human body therefore corresponds to the tree of life ([see details](#)):



Note that the right hand, the right side of the body is more YANG than the left side of the body.

Look at the back of the body, you'll obtain the symmetric yin Yang tree:

Spirit

Yin

Left side
of the body

Yang

Right side
of the body



Matter

Spirit



Yang

Right side
of the body

Yin

Left side
of the body

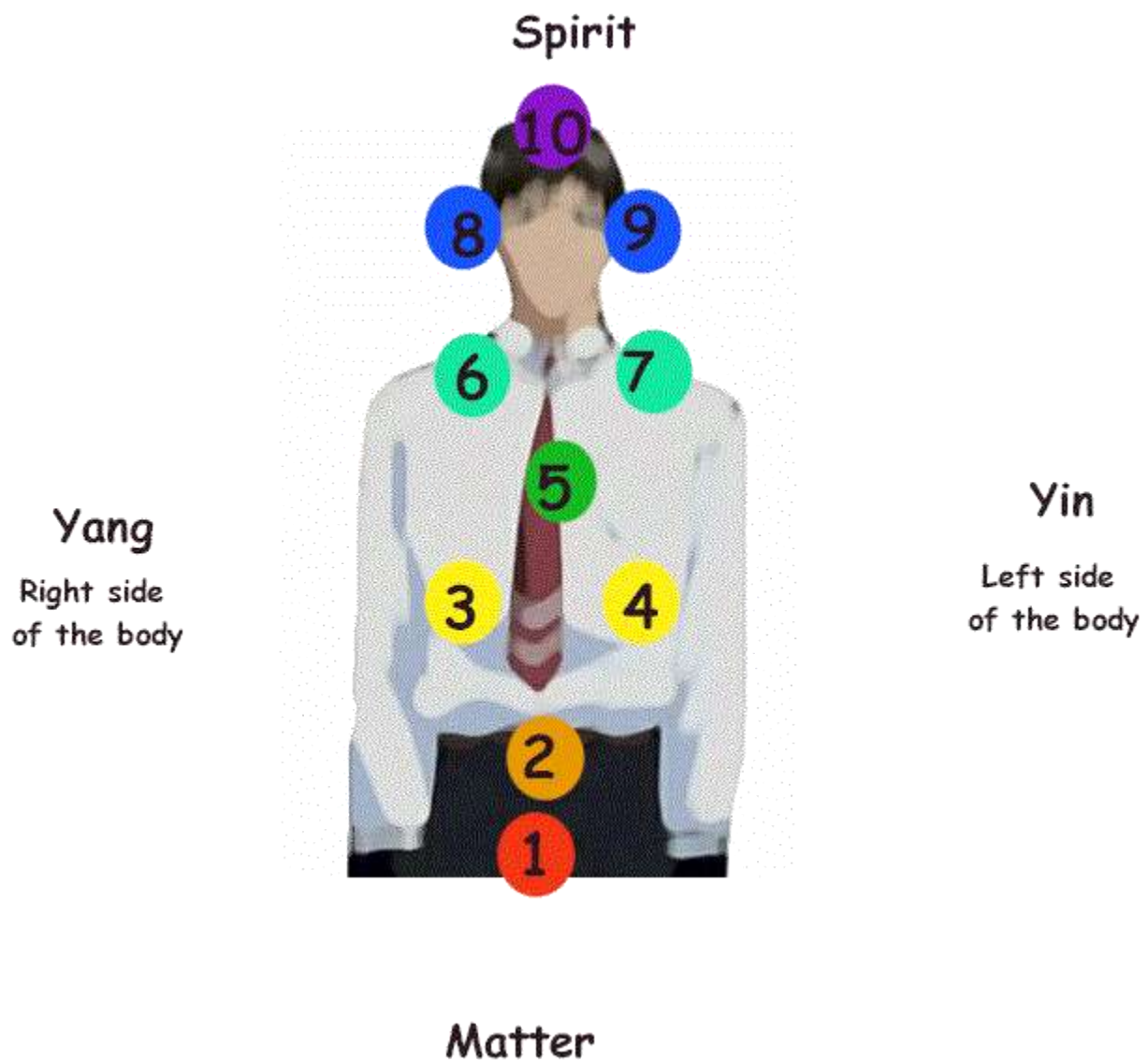
Matter

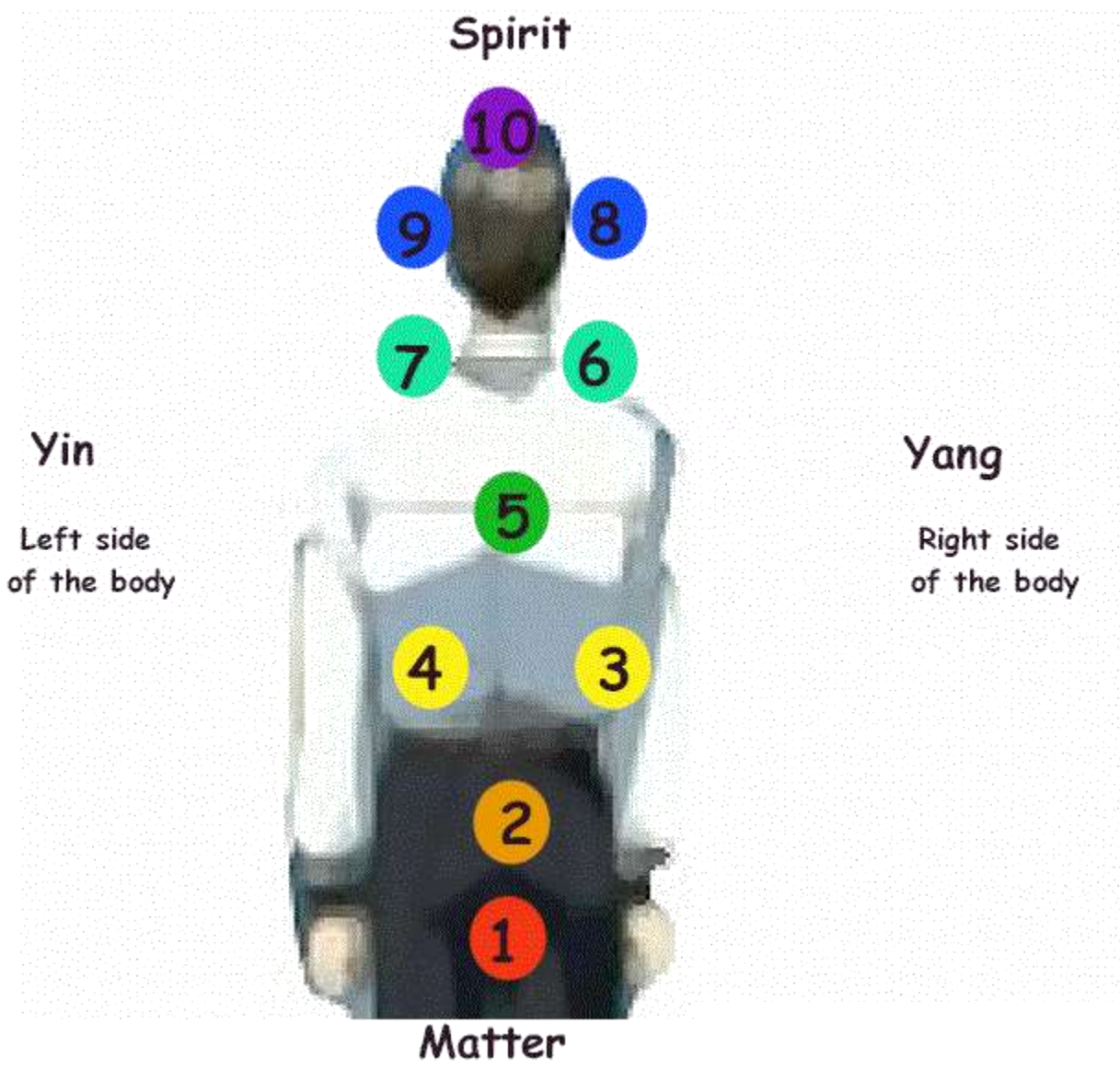
Understanding yin/Yang/left/right is of importance.

Now, let's add names, chakras and their correspondences :

N°	Psychological functions, Symbolism	Chakra	Physiological functions	Planet	Metal
10	Spirituality = completion = 10	Crown (Sahasrara)	Pineal gland; regulates night and day	1st Swirling	---
9	Imagination, Artistic abilities, art = closest to completion = 9	yin Chandra Ajna area	Thalamic area, helps pituitary gland	Zodiac	---
8	Rationality = structures = cubic = 8 corners	Yang Surya: Ajna area	Pituitary gland, controls other glands	Saturn	lead
7	Justice = law of God = 7	yin Visuddha	Throat	Jupiter	tin

6	Ego, communication = 6	Yang Visuddha	To speak, mouth	Mars	iron
5	Love, Openness = Humanity = 5	Heart: Anahata	Heart, circulatory system, blood	Sun	gold
4	Control of emotions Social abilities = stability = 4	Yin : Navel	Digestive system: 2nd phase assimilation,	Venus	copper
3	Work = Business = masonry = 3	Yang: Solar Plexus: Manipura	Digestive system: 1st phase: digestion	Mercury	mercury
2	Sexual energy = 1+1 = 2	Sex Swadhistana	Reproductive organs	Moon	silver
1	Physical energy, will to live, survival = basis = 1	Root Mulhadara	Spinal column, Adrenal	Earth	---

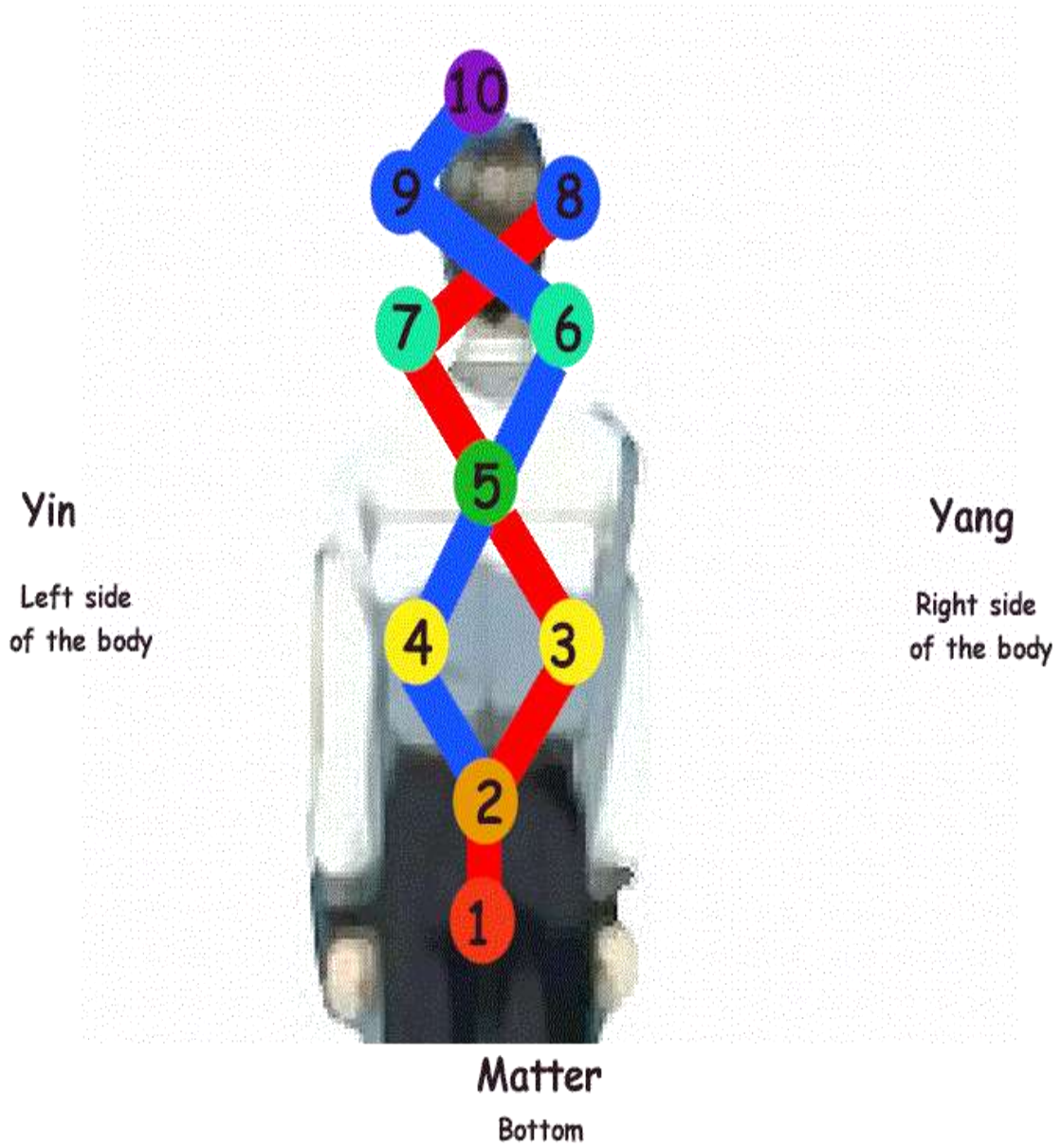




Let's link masculine and feminine chakras :

Spirit

Top



Masculine and **Feminine** Chakras