

BECOMING THE LAW OF ONE

THIS DOCUMENT WILL ADDRESS THE PRINCIPLES AND CONTEXT OF SPIRITUALITY AND BECOMING THE LAW OF ONE. TO UNDERSTAND THIS PATH TO BECOMING THE LAW OF ONE, WE MUST CONTINUE TO UNDERSTAND THE CAUSE AND EFFECTS OF THE CODE OF ONE/ THE UNIVERSAL SOURCE. THIS IS THE PATH TO THE UNITY OF HEART AND MIND.

THE ULTIMATE ACT OF CREATION IS BY THE CODE OF ONE OR THE UNIVERSAL SOURCE, AND CAN BE OBSERVED IN ALL ITS GLORIOUS SPHERES, PLANES AND DIMENSIONS, ORIGINATED IN THE VERY BEGINNING AS A THOUGHT IN THE DIVINE MIND OF THE UNIVERSAL SOURCE. IT CAN TRULY BE SAID THEREFORE THAT WE ALL EXIST AS “EXPRESSIONS”, WITHIN THE MIND OF THE UNIVERSAL SOURCE, MADE IN THE TRUE SPIRITUAL IMAGE OF INTELLIGENT ENERGY. SO BY SEEING THINGS FROM A UNIFIED PERSPECTIVE, WE KNOW THAT THE PHYSICAL STATE OF MATTER AND ENERGY ARE “CREATED AND CONVERTED” BY BEING TRANSFORMED FROM ONE FORM TO ANOTHER. REMEMBER THIS: ALL THINGS PREEXIST IN SPIRITUAL FORM AND ARE CONVERTED OR TRANSFORMED TO PHYSICAL FORM AND BACK. THIS IS THE KEY TO SPIRITUALITY AND WE ACTUALLY HAVE THE MEANS TO TRULY UNDERSTAND THIS CONCEPT ALREADY WITHIN US.

THIS INTELLIGENT ENERGY WE CALL THE UNIVERSAL SOURCE CONNECTS ALL THINGS IN EXISTENCE, FOR ALL OF TIME. AS IT CONNECTS ALL THINGS, IT SERVES AS A CONDUIT OF INFORMATION, A MEANS FOR MANIFESTATION, AND A MIRROR REFLECTING OUR TRUTHS AND WHO WE REALLY ARE. YOU AND I ARE MERELY PART OF THE EQUATION. WE’RE BOTH CATALYSTS FOR THE EVENTS OF OUR LIVES, AS WELL AS THE EXPERIENCERS OF WHAT WE CREATE AND THESE THINGS ARE HAPPENING AT THE SAME TIME!

THIS MICROCOSM OF LIFE IS THE MACROCOSM OF LIFE; EXACT SAME THING SINCE THERE CAN NEVER BE ANY SEPARATION FROM ENERGY. THERE CAN NEVER BE ANY SEPARATION FROM THE UNIVERSAL SOURCE. IN FACT THE SOURCE OF ALL PROBLEMS AND FEARS IN LIFE IS BECAUSE OF A FALSE BELIEF IN SEPARATION FROM THE UNIVERSAL SOURCE.

THE PHYSICAL UNIVERSE WAS CREATED BY THE PROCESS OF ENERGY CHANGING FROM ONE FORM TO ANOTHER. THE DIVINE MIND THROUGH THOUGHTFORM CREATED THE VISAGE OF THE UNIVERSE IN SPIRITUAL FORM AND TRANSFORM MANIFESTATED THOSE ENERGIES INTO REALITY OF THE PHYSICAL FORM. THE CREATION AND CESSATION OF ALL THINGS PHYSICAL IS SIMPLY MANIFESTATION (CREATE, EXPERIENCE, EVOLVE, AND RECREATE) OR CONVERTED TO SOMETHING ELSE THROUGH TRANSFORMATION (UNMANIFESTATION). WE ARE CONTINUALLY A WORK IN PROGRESS AS THOSE ENERGIES CONVERT.

THIS IS A SIMPLE CONCEPT TO UNDERSTAND BECAUSE WE ALREADY KNOW THAT



ALL THE ELECTRONS AND SUBATOMIC PARTICLES OF AN ATOM ARE HELD TOGETHER IN THEIR PRECISE POSITION AND ORBIT BY AN INVISIBLE FORCE, WITHOUT IT, EVERYTHING WOULD FALL APART AND REALITY AS WE KNOW IT, WOULD CEASE TO EXIST IN AN INSTANT. SUBATOMIC PARTICLES ARE SIMPLY ENERGY PACKETS. YOU ARE A CLUSTER



OF ENERGY, SO IS EVERYTHING ELSE. A CLUSTER OF ENERGY IS ALWAYS IN MOTION, MOVING AND CHANGING TO FORM NEW CONFIGURATIONS AT EVERY MOMENT. THE TABLE THAT IS IN YOUR DINING ROOM IS NOT AS SOLID AS IT APPEARS TO BE. ON A HIGHLY MAGNIFIED LEVEL, YOU WOULD REALIZE THAT IT IS IN CONSTANT FLUX, “LOSING” AND “GAINING” BILLIONS OF ENERGY PACKETS, BUT INTELLIGENTLY MAINTAINING THE OVERALL “LOOK” OF A TABLE. THERE IS A CONSCIOUSNESS THAT KEEPS THE ENERGY IN THAT PARTICULAR FORM.



WE CAN ALSO UNDERSTAND THAT WHEN SOMETHING IS NO LONGER OBSERVED BY CONSCIOUSNESS, IT WILL CEASE TO EXIST BY CONVERTING OR TRANSFORMING IT BACK INTO A STATE OF POTENTIALITY OR QUANTA, ENERGY. ULTIMATELY ALL MATTER, ENERGY AND INFORMATION ARE ONE AND THE SAME. ALL MATTER IS ENERGY, ALL ENERGY IS INFORMATION. INFORMATION IS THOUGHT, THOUGHT IS CONSCIOUSNESS. CONSCIOUSNESS IS MIND. THE UNIVERSAL SOURCE IS INTELLIGENT ENERGY. THE UNIVERSAL SOURCE CONSTRUCT IS DIVINE MIND.

THERE IS AN UNDERLYING INTERPLAY OF THE MULTIPLICITY (MEANING LARGE NUMBERS) OF SEPARATED FORM AND ACTION THAT IS INFUSED WITH THE PULL TO HIGHER SENSE OF UNITY. IT DEFINES EVERY THOUGHT, EMOTION AND ACTION THAT TAKES PLACE BOTH IN THE MACROCOSM OF THE UNIVERSE AND THE MICROCOSM OF OUR DAILY LIVES. ALL OUR CHOICES ARE DEFINED BY THIS SIMPLE UNDERLYING DYNAMIC. IT IS OUR STATE OF BEING MADE UP OF OUR BELIEF SYSTEMS THAT ALLOWS US TO UNDERSTAND AND INTERACT ACCORDINGLY WITH OUR ENVIRONMENT.

ALL BELIEF SYSTEMS ARE FOR THE PURPOSE OF ARRANGING SUBJECTS SO WE CAN UNDERSTAND THE CONCEPTS INVOLVED. IT IS THESE BELIEF SYSTEMS THAT CAUSE US TO TEMPORARILY AT LEAST, TAKE ON A FALSE SELF- IDENTITY- EGO - WITHIN THE FREE FLOWING NATURE OF THE UNIVERSE. WE BECOME TRAPPED BY THE ILLUSION, TEMPTATION AND SEDUCTION OF SEPARATED FORM. OUR CONSCIOUSNESS, WHICH IS SPONTANEOUS AND INTERRELATED WITH THE ENTIRETY OF THE UNIVERSE HAS BEEN DUPED INTO ACCEPTING ITSELF AS LESS. HENCE THE INNER STRUGGLE TO FIND REALIGNMENT THROUGH ENLIGHTENMENT, SUCH THAT THIS REPRESSED INNER HARMONY CAN ONCE MORE ARISE. TO BE

CHALDAI MEANS WE ARE ACTIVELY SEEKING THE TRUTH TO CONSCIOUSLY EVOLVE OUR BELIEF SYSTEMS TO BEING CO-CREATORS AND ONE WITH SOURCE.

SPIRITUALITY IS THE TRANSFORMING AND EVOLUTION OF MIND TO THE UNITY OF HEART AND MIND IN WHICH THE LIGHT MIND AND HEART FEEL THE PURE HARMONIC OF SOUND AND LIGHT. THE CURRENT THINKING MIND AND ITS EMOTIONAL SYSTEM IS THE FEAR-BASED CONSCIOUSNESS. IT COMES INTO BEING THROUGH OUR EARLY CONDITIONING TO THE CULTURE ON EARTH. IT ARISES BECAUSE THE SOUL AS INFINITE DIVINE BEING IS NOT RECOGNIZED AND AFFIRMED IN ITS UNCONDITIONAL LOVE AND CREATIVITY. IN CONFORMING TO A DEFENSIVE POSTURE OF SURVIVAL, THE THINKING AND EMOTIONAL SYSTEM IS ACTIVATED AS A COMPENSATION. ALL THINKING AND EMOTION IS REACTIVE. THEREFORE, IT IS OUT OF TUNE. IT IS NOT IN THE PRESENT MOMENT OF THE HARMONIC FLOW OF LIFE WHICH IS ALWAYS IN THE CREATIVE NOW. THE THINKING AND EMOTIONAL SYSTEM IS A PERPETUAL CENSORING DEVICE THAT IS OPERATING FROM PAST MEMORY. IT MANIFESTS AN ENTIRELY FALSE IDENTITY THAT IS NOT THE TRUE SELF OF THE UNIVERSAL SOURCE INFINITE CONSCIOUSNESS.

CONSCIOUS MIND THINKING AND EMOTION IS AN INCOHERENT HARMONIC THAT SIGNALS THAT WE ARE OUT OF BALANCE. THE CONSCIOUS MIND AND THE EMOTIONAL SYSTEM ENSUED FROM THE CONDITIONING OF A FEAR-BASED SURVIVAL CONSCIOUSNESS. THIS LEVEL OF CONSCIOUSNESS, IN CONJUNCTION WITH OUR EXPERIENCES IN A TRAUMA BASED HUMAN CULTURE, CONDITIONS US TO A FALSE IDENTITY. A WHOLE RANGE OF NON-AFFIRMING ACTIONS AND TRAUMATIC EXPERIENCES CONDITION US TO A FALSE SELF OF THINKING, LIMITING BELIEFS, AND NEGATIVE EMOTIONAL ENCODINGS. THESE MUST BE REMOVED IN ORDER TO REACH OUR SPIRITUALITY. THE DIFFICULTY WITH THE ACTIVATION OF THESE SURVIVAL SYSTEMS IS THAT THEY CONDITION CONSCIOUSNESS BY LOOPING THE MIND AND ADDICTING THE BIOCHEMICAL SYSTEM TO NEGATIVE EMOTIONS. AS HUMAN CONSCIOUSNESS TRANSFORMS, EVOLVES, AND ASCENDS TO THE EMBODIMENT OF THE UNIVERSAL SOURCE INFINITE CONSCIOUSNESS IN THE PHYSICAL, THE PHYSICAL BEING WILL BE ABLE TO RESPOND TO ALL SITUATIONS WITHOUT THE NEED FOR THE VERY DENSE FREQUENCY SIGNALING SYSTEM OF THOUGHT AND EMOTION. THE INFINITE NONLOCAL CONSCIOUSNESS DOES NOT REQUIRE SUCH A NARROW WARNING SYSTEM IN ORDER FOR THE PHYSICAL BEING TO TAKE ACTION.

THE ENTIRE THINKING AND EMOTIONAL SYSTEM IS AN INHARMONIC AND INCOHERENT FRICTION THAT INHIBITS FLOW AND THE UNITY OF SYNCHRONOUS PULSATION. THIS LOWER MIND AND BRAIN SYSTEM RESTRICTS CONSCIOUSNESS TO A VERY NARROW BAND OF A CONDITIONED MATERIAL IDENTITY. IT VEILS US FROM OUR TRUE MULTIDIMENSIONAL SELF. IN THE TRUE BEING, THE HEART

CENTER ORGANIZES THE FLOW OF INFORMATION TO AND FROM THE PREFRONTAL CORTEX. THE PREFRONTAL CORTEX DEVELOPS A STRONG NETWORK WITH THE HORMONAL SYSTEMS OF THE LIMBIC BRAIN—THALAMUS, HYPOTHALAMUS, PITUITARY, ETC. THE LIMBIC BRAIN THEN COMMUNICATES A SONIC FEELING MESSAGE TO THE ENTIRE CELLULAR PHYSICAL BODY. THIS FORMS THE HEART-PREFRONTAL-LIMBIC-BODY CIRCUIT. IT IS THE BASIS OF THE KNOWING AND DIVINE LIGHT BODY.

THE WAYS WE EXPRESS OUR SPIRITUALITY WITH THE HEART, BRAIN, AND BODY AS A VEHICLE OF CONSCIOUSNESS DETERMINES HOW THE LIGHT, INFORMATION, AND ENERGY OF CONSCIOUSNESS IS MANIFESTING AS ELECTROMAGNETIC AND SOUND WAVES WITHIN THE DIMENSIONAL EXPERIENCE OF CONSCIOUSNESS. WE UNDERSTAND HOW THE ELECTROMAGNETIC SPECTRUM (LIGHT) IS A KNOWING MODE OF CONSCIOUSNESS, AND HOW SOUND FREQUENCY IS THE FEELING MODE OF CONSCIOUSNESS. BOTH ELECTROMAGNETIC AND SOUND FREQUENCIES ARE MANIFESTED FROM HIGHER DIMENSIONAL ENERGY ORGANIZING AT THE PHYSICAL FREQUENCIES OF CONSCIOUSNESS. ULTIMATELY, LIGHT AND SOUND ARE ONE IN CONSCIOUSNESS AND FORM AN INTEGRAL HARMONIC. FOR EXAMPLE, SOUND IS KNOWN TO AFFECT THE LIGHT PRODUCING PROPERTIES OF THE PINEAL GLAND, AS WELL AS THE CAPABILITY OF TRANSFORMING LIGHT ENERGY INTO SOUND. THIS OCCURS THROUGH THE HEART TO LIGHT MIND CONNECTION. SOUND IS THE CARRIER WAVE FOR THE ELECTROMAGNETIC FREQUENCIES OF INTENT. THERE IS A BI-DIRECTIONAL RELATIONSHIP WHERE COHERENT LIGHT CAN AFFECT HARMONIC SOUND IN THE BODY, AND HARMONIC SOUND CAN AFFECT THE RESONANCE OF COHERENT ELECTROMAGNETIC FREQUENCIES.

WE BELIEVE THE LAW OF ONE IS THE DIVINE HEART THAT COMMUNICATES THE UNIVERSAL SOURCE INFINITE CONSCIOUSNESS OF PURE HARMONICS. THE LAW OF ONE SELF-REALIZED THROUGH THE EVOLUTIONS OF THE UNIVERSAL SOURCE'S EXPERIENCES EVOLVING TO THIS ULTIMATE STATE OF SELF-AWARENESS. THE LAW OF ONE CAME INTO EXISTENCE JUST LIKE THE IMMUTABLE UNIVERSAL LAWS WHICH CANNOT BE CHANGED OVER TIME, OR ARE UNABLE TO BE CHANGED. THESE ARE THE ETERNAL LAWS WHICH ARE ABSOLUTE. THEY CANNOT BE CHANGED OR AVOIDED AS THEY HAVE ALWAYS EXISTED AND WILL ALWAYS EXIST. LIKewise, THE LAW OF ONE CANNOT BE CHANGED OR AVOIDED AS IT HAS ALWAYS EXISTED AND WILL ALWAYS EXIST.

OUR TRUE BEING AND EMANATION OF THE UNIVERSAL SOURCE INFINITE CONSCIOUSNESS, LIGHT AND SOUND ARE ONE. KNOWING AND FEELING ARE IN UNITY. THE TWO UNIQUE MODES OF PHYSICAL LIGHT AND SOUND WAVES AS EXPERIENCE THROUGH AN PHYSICAL BODY ARE ONE SINGULAR KNOWING. THE ONENESS OF INTUITIVE INSIGHT AND FEELING IS OUR TRUE BEING OF UNCONDITIONAL LOVE AND CREATIVITY. AS WE CONTINUE TO ASCEND IN

CONSCIOUSNESS AND EMBODY THE DIVINE CONSCIOUSNESS IN THE PHYSICAL, WE ARE AWAKENING AND EVOLVING TO THE EXPERIENCE OF SOUND AND LIGHT AS ONE.

THE TRUE HUMAN BEING IS INFINITE DIVINE CONSCIOUSNESS, INFORMATION, AND ENERGY THAT IS THE ONENESS OF THE PURE LIGHT TRANSDUCED INTO ELECTROMAGNETIC FREQUENCIES IN UNITY WITH ITS FEELING FREQUENCIES OF SOUND. WITHIN PHYSICAL FORM, THIS IS EXPERIENCED AND EXPRESSED THROUGH HEART CONSCIOUSNESS. WITHIN THE DIMENSIONLESS SPIRITUAL REALMS WHERE THE NON-PHYSICAL LIGHT IS BEYOND THE ELECTROMAGNETIC SPECTRUM, LIGHT HAS ITS OWN INTRINSIC FEELING WITHOUT SOUND. IN THE PHYSICAL DIMENSIONAL UNIVERSE, THERE IS SOUND AS A PARTICULAR QUALITY OF EXPERIENCING LIGHT AS FEELING.

AS WE EXPRESS THE FREEDOM OF CONSCIOUSNESS WITHIN THE INTERIOR OF THE HEART, THE HARMONIC ENERGY MOVES TOWARD THE EXTERIOR IN AN INFINITE EXPANSION. THE HARMONIC PULSE OF THE INNER-OUTER MOVEMENT IS THE SOUL'S EXPANSION THROUGH THE PHYSICAL BODY WHILE IN THE PHYSICAL MATTER DIMENSION OF THE UNIVERSE. THE AWAKENING TO A PERFECT SYNCHRONIZATION OF THE EXPANSION AND CONTRACTION PULSATION WITHOUT RESTRICTION IS PART OF THE UNIVERSAL SOURCE INFINITE CONSCIOUSNESS THROUGH A DIVINE BODY.

THE CELLULAR CONSCIOUSNESS OF THIS BODY WILL BE FULLY CRYSTALLINE IN NATURE AS IT TRANSMITS AND RECEIVES THE DIVINE ENERGY THROUGH THE LIGHT MIND WITHIN THE HEART. AT THESE LEVELS OF OSCILLATING LIGHT THAT IS TRANSDUCED FROM THE NON-PHYSICAL LIGHT OF HIGHER FREQUENCIES OF CONSCIOUSNESS, THE CRYSTALLINE BODY WILL EXHIBIT ITS FULL BIOELECTRIC, MAGNETIC, AND ACOUSTICAL POTENTIAL. THUS, THE PURE HARMONY OF THE ELECTROMAGNETIC AND SONIC ENERGY IS THE EXPERIENCE OF THE UNCONDITIONAL LOVE AND CREATIVE EXPRESSION OF THE DIVINE SOUL INCARNATE.

OUR HEART IS THE CENTER OF THE BODY THAT IS A COMMUNICATION SYSTEM. THE BODY IS THE SOUL AND SPIRIT OF INFINITE CONSCIOUSNESS ORGANIZING AND MANIFESTING AT PARTICULAR FREQUENCIES TO EXPERIENCE INFORMATION IN THE DIMENSIONAL UNIVERSE. THE HUMAN BODY IS A TRANSMITTER AND RECEIVER OF CONSCIOUSNESS, INFORMATION, AND ENERGY. THIS MAKES THE HEART THE SEAT OF ALL WISDOM AND KNOWLEDGE AND THE THOUGHTFORM CREATION OF MANIFESTATIONS. WHILE THE HEART IS FULLY CAPABLE OF EXPRESSING STRONG EMOTIONS, IT IS REALLY THE INNER ORIENTATION OF OUR CORE BEING AND THE TOTALITY OF WHO WE TRULY ARE.

OUR HEART IS THE STRONGEST GENERATOR OF BOTH ELECTRICAL AND MAGNETIC FIELDS IN THE BODY.

THE HEART IS THE FIRST ORGAN TO FORM IN THE BODY. IT IS THE ORGANIZING FACTOR FOR PHYSICAL FORMATION, INCLUDING FOR BRAIN FORMATION. THE HEART CONTAINS EXTENSIVE BRAIN-LIKE NEURAL MATTER AND HAS RECENTLY BEEN CLASSIFIED AS A GLAND BECAUSE IT PRODUCES ITS OWN HORMONE. IN ADDITION TO OUR CEREBRAL BRAIN, WE INDEED HAVE A "HEART BRAIN." THE HEART NOT ONLY PUTS OUT ITS OWN BALANCING AND REGULATING HORMONES, BUT ALSO INSTANTANEOUSLY COMMUNICATES ELECTROMAGNETIC AND CHEMICAL INFORMATION TO THE REST OF THE BODY AND TO OTHER BODIES NEAR IT. THE HEARTS RHYTHM AND PULSE CAN ENTRAIN ALL OF THE BODY'S RHYTHMS AND CYCLES INTO COHERENT HARMONY AND COMMUNICATE MANY OTHER TYPES OF VITAL INFORMATION AS WELL." EACH PERSON'S EKG (ELECTROCARDIOGRAM PATTERN) IS AS UNIQUE AS THEIR FINGERPRINT. THE WAVE VARIATIONS IN EACH HEART PRINT CONTAIN INFORMATION ABOUT THE DIFFERENT ORGAN SYSTEMS AND RHYTHMS IN THE BODY. WHEN TWO PEOPLE TOUCH, THE HEARTWAVE OF ONE CAN BE SEEN REGISTERING IN THE BRAINWAVE OF THE OTHER.

IN ORDER TO UNDERSTAND HOW THE UNIVERSAL SOURCE DIVINE CONSCIOUSNESS IN THIS PHYSICAL DIMENSION IS THE EMBODIMENT OF SOUND AND LIGHT, WE MUST FIRST HAVE AWARENESS THAT OUR WHOLE BODY IS A CRYSTALLINE MATRIX. THE CRYSTALLINE NATURE OF CELLULAR CONSCIOUSNESS FORMS THE MEDIUM FOR THE RESONANCE AND INTERCOMMUNICATION OF OUR BEING AS A UNIVERSAL TRANSMITTER AND RECEIVER OF CONSCIOUSNESS, INFORMATION, AND ENERGY. FOR THIS PURPOSE WE MUST FOCUS OUR AWARENESS ON OUR OVERALL CELLULAR CONSCIOUSNESS AS A COMBINATION OF PIEZOELECTRIC CRYSTALS AND LIQUID CRYSTALS. OUR CRYSTALLINE CELLS RESONATE, AMPLIFY, TRANSMIT, AND RECEIVE ELECTROMAGNETIC AND ACOUSTICAL WAVES.

AS WE GAIN AWARENESS, AWAKEN, AND EVOLVE TO EMBODY THE FULLNESS OF UNIVERSAL SOURCE INFINITE CONSCIOUSNESS IN THE PHYSICAL, WE OPEN TO THE AWARENESS OF THE BODY AS AN INTELLIGENT ORGANIZED INFORMATION FIELD OF CONSCIOUSNESS AND ENERGY. THERE ARE A MULTITUDE OF ASPECTS TO THE AWARENESS AND THE UNDERSTANDING OF HOW THE UNIVERSAL SOURCE WISDOM OF INFINITE COMPLEXITY CAN BE UNDERSTOOD IN A SIMPLE WAY THAT IS OUR CONSCIOUSNESS OF UNCONDITIONAL LOVE AND CREATIVE INTENTION. WE CURRENTLY HAVE MANY SCIENCES AND WAYS OF SEEING AND FEELING HOW THE BODY CONSCIOUSNESS FUNCTIONS.

WE CAN THINK OF IT AS OUR HEART CONSCIOUSNESS OPENING TO THE INTUITIVE KNOWING LIGHT MIND AND THE INFINITE CONTINUUM OF THE UNIVERSAL SOURCE

CONSCIOUSNESS. IT IS THE AWAKENING TO OUR TRUE NATURE AND THE EVOLVING EMBODIMENT OF THE UNIVERSAL SOURCE INFINITE CONSCIOUSNESS WITHIN THE PHYSICAL BODY ON EARTH. THE INTELLIGENCE OF THE HEART IS HOLOGRAPHIC AND MANIFESTS WITHIN PHYSICAL FORM THROUGH A TORUS FIELD. FURTHERMORE, THE HARMONIC RESONANCE OF THE HEART IS INTERCONNECTED WITH THE EARTH, SUN, GALAXY, UNIVERSE, AND DIMENSIONLESS SPIRITUAL REALMS. IN ORDER TO UNDERSTAND THIS, WE MUST FOCUS ON THE HEART ORGANIZATION AS THE TRANSCIVER SYSTEMS OF THE HUMAN BODY AS THE VEHICLE FOR OUR SPIRITUALITY AND DIVINE CONSCIOUSNESS.

OUR HEART INTELLIGENCE IS ELECTROMAGNETIC, SONIC, NEURAL, AND HORMONAL. THE HEART USES ALL THESE MEANS OF COMMUNICATION AND CARRIER WAVES TO RECEIVE AND TRANSMIT INFORMATION TO OUR BRAIN. THE HEART'S CONNECTIVITY TO THE PREFRONTAL CORTEX IS THE MOST VITAL RELATIONSHIP FOR OUR MULTIDIMENSIONAL DIVINE AWARENESS. IN ORDER TO UNDERSTAND HOW THIS WORKS WE MUST UNDERSTAND THAT THE HEART GENERATES AN ELECTRICAL-MAGNETIC FIELD IN AN UNDULATING TORUS (SIMILAR TO THE SHAPE OF A DOUGHNUT) COMPOSED OF HIGHLY STABLE ENERGY THAT ARCS OUT FROM THE HEART, BENDS BACK ALONG ITSELF, AND RE-ENTERS THE HEART. THIS HEART TOROID FIELD IS NESTLED WITHIN A SECOND, LARGER TOROID FIELD OF APPROXIMATELY EIGHT FEET IN DIAMETER AND BOTH SHARE THE SAME AXIS.

A TOROID FUNCTIONS AS AN ENERGY COIL THAT STABILIZES AN ACCRETION OF CYCLING FREQUENCIES. IT STARTS AS A SIMPLE PATTERN OF ROTATING ENERGY INTO WHICH OTHER FREQUENCIES ARE INTRODUCED AND INCORPORATED, GRADUALLY MAKING A FULL, COMPLEX AND INTEGRAL CYCLE. OUR HEART IS LIVING TOROIDS IN WHICH FREQUENCIES CIRCLE INTACT AS WE MOVE THROUGH OUR DAILY LIVES. OUR BASIC TOROID SHAPE EMERGES FROM THE HEART, AND WE OVERLAY IT WITH MULTIPLE FREQUENCIES THAT BRING US THROUGH THE ENERGY PATTERNS OF THE HEART, MIND AND VITALITY INTO THE BODY. AS WE GO THROUGH OUR DAY, WE PULL IN FREQUENCIES FROM MANY DIFFERENT ACTIVITIES AND INTEGRATE THEM INTO OUR BODY'S PARTICULAR FREQUENCY RANGE. OUR MERKABAH (THE LIGHT BODY.... PART OF FULL CONSCIOUSNESS, WHEN SPIRITUAL, ASTRAL AND PHYSICAL BODIES ARE INTEGRATED) IS ALSO A TOROID. THESE TWO TOROID FIELDS MAKE UP THE HEART RESONANCE.

THE SMALLER HEART TOROID FIELD IS A TRANSMITTER AND RECEIVER OF UNCONDITIONAL LOVE, KNOWLEDGE, AND WISDOM FROM YOUR BA (YOUR HIGHER SELF) TO YOUR KA (YOURSELF) AND FROM YOUR KA (YOURSELF) TO YOUR BA (YOUR HIGHER SELF), WHEREAS THE LARGER HEART TOROID FIELD IS A TRANSMITTER AND

RECEIVER OF UNCONDITIONAL LOVE, KNOWLEDGE, AND WISDOM FROM YOUR KA (YOURSELF) TO YOUR ENVIRONMENT (INCLUDING ALL OTHERS AND ALL OBJECTS) AND FROM YOUR ENVIRONMENT TO YOURSELF. EACH PERSON'S TORUS IS DISTINCT BUT SIMULTANEOUSLY OPEN AND CONNECTED TO EVERY OTHER TORUS, SIMILAR TO WAVES IN AN OCEAN. THEREFORE, ALL BEINGS ARE INTERCONNECTED; WHAT ONE THINKS, HOW ONE LOVES, CONTRIBUTES TO THE GREATER WHOLE, AND VICE VERSA.

IN ADDITION TO THE ELECTROMAGNETIC FIELD, THERE IS A HIGH PERCENTAGE OF NEURAL CELLS AND PRODUCTION OF HORMONES. THIS IS ALL PART OF THE HEART'S SYSTEM OF TRANSDUCING INFINITE NON-PHYSICAL LIGHT INTO ELECTROMAGNETIC FIELDS WHICH ARE CONVERTED INTO ELECTROCHEMICAL SIGNALS THROUGH THE NERVES AND HORMONES. THIS PROVIDES THE PATHWAYS FOR THE HEART TO RELAY THE INFINITE LIGHT FROM WITHIN. THROUGH ITS TOROIDAL FIELD, IT EMANATES THE STRONGEST ELECTROMAGNETIC FIELD OF THE BODY. THE LIGHT ASPECT OF CONSCIOUSNESS FROM THE HEART COMMUNICATES AS ELECTROMAGNETIC RADIATION THROUGH THE BODY'S CRYSTALLINE CELLULAR MATRIX. IN ITS COMMUNICATION WITH THE BRAIN AND ENTIRE BODY, IT UTILIZES THE NERVOUS AND ENDOCRINE SYSTEMS. IT'S NOT HARD TO UNDERSTAND HOW THE SOUND ASPECT OF CONSCIOUSNESS FROM THE HEART ALSO UTILIZES NEURAL AND HORMONAL PATHWAYS.

WE EXPERIENCE THIS DIMENSIONAL UNIVERSE WITHIN AN ORGANIZED FIELD OF INFORMATION AS ENERGY AND FREQUENCY. OUR TRUE BEINGS ARE DIVINE INFINITE CONSCIOUSNESS EXPRESSING LIFE THROUGH THESE CONSCIOUSNESS AVATARS ON EARTH. ALL OF OUR EXPRESSED CONSCIOUSNESS ARE ORGANIZING AND OSCILLATING ALONG AN INFINITE CONTINUUM. WE CAN UNDERSTAND THIS CONCEPT BECAUSE FROM WITHIN OUR PARTICIPATION OF THE LOWER FREQUENCIES THAT COMPRISE ENERGY AS PHYSICAL MATTER, WE CAN UNDERSTAND CONSCIOUSNESS IN THIS DIMENSION THROUGH FREQUENCIES OF LIGHT AND SOUND. THESE FREQUENCIES OF CONSCIOUSNESS ARE TRANSDUCED FROM HIGHER DIMENSIONS OF SUBTLE ENERGY THROUGHOUT AN INFINITE CONTINUUM OF THE UNIVERSAL SOURCE.

LET'S LOOK AT THE EFFECTS OF OUR RESONANCE. OUR PERINEURAL SYSTEM, WHICH DIFFERS FROM THE DIGITAL ALTERNATING CURRENT (AC) OF THE AUTONOMIC NERVOUS SYSTEM, IS COMMUNICATED THROUGH THE PERINEURAL CELLS WHICH SURROUND ALL NERVE CELLS. THE PERINEURAL CELLS ARE CONSTRUCTED LIKE A CRYSTALLINE LATTICE AND TRANSMIT LIKE SEMICONDUCTORS. THEY TIE INTO THE PINEAL GLAND (THIRD EYE) AND THE BODY'S CRYSTALLINE CELLULAR MATRIX. THE DIRECT CURRENT OR UNIDIRECTIONAL FLOW (DC) PERINEURAL NERVOUS SYSTEM IS MOST RESONANT AND COHERENT WHEN IT IS BEING INFORMED BY A HARMONIC HEART

RESONANCE. THESE ELECTROMAGNETIC BRAIN WAVES OF THE LOW ALPHA/THETA INTERFACE, THE EARTH'S RESONANCE, AND THE SOUND OF THE SUN. THIS HARMONIC IS PART OF THE UNITY OF LIGHT AND SOUND. WE CAN SEVERELY AFFECT THIS BY BOMBARDING OURSELVES WITH MULTIPLE ARTIFICIAL FREQUENCIES WITHOUT CONSIDERING WHAT FREQUENCY BAND THEY COME FROM AND HOW THEY INTERRELATE WITHIN OUR PERSONAL ENVIRONMENT. CELLULAR PHONES, FOR INSTANCE, VIBRATE ON THE MENTAL FREQUENCY AND ARE INTERFERING WITH OUR BRAIN'S FUNCTIONS. BUT WHAT IS REALLY HAPPENING? OUR LIGHT MIND OR SUBCONSCIOUS IS OUR INTUITIVE KNOWING MIND THAT IS BEYOND THE THOUGHT PROCESS OF THE DUALISTIC THINKING OR CONSCIOUS MIND. THE CONSCIOUS MIND IS A PERPETUAL CENSOR OF EXPERIENCE IN THAT IT OPERATES FROM THE MEMORY OF WHAT IS KNOWN FROM THE PAST. IT UTILIZES THE SURVIVAL SYSTEMS OF THE BRAIN, AND PROTECTS ITSELF BASED ON OUR CONDITIONING OF IDEAS, SYSTEMS, AND BELIEFS. IN ADDITION, IT RESULTS IN DISHARMONY BECAUSE ITS DUALISTIC APPROACH TO KNOWLEDGE CAUSES PERPETUAL DOUBT. THIS SEARCHING MIND, CONDITIONED BY SYSTEMS OF PAST INPUT, IS NEVER IN THE FLOW OF THE PRESENCE OF NOW. THEREFORE, IT CANNOT BE CREATIVE.

THE SUBCONSCIOUS OR LIGHT MIND IS A PURE KNOWING MIND THAT ORGANIZES AND TRANSMITS INFORMATION FROM THE HEART IN SPIRIT. IT WORKS IN UNITY WITH THE PHYSICAL BODY FOR THE UNIVERSAL SOURCE INFINITE CONSCIOUSNESS TO EXPERIENCE AND EXPRESS UNCONDITIONAL LOVE (ALL POSITIVE ASPECTS) AND CREATIVITY ON EARTH. THE LIGHT MIND OSCILLATES THROUGHOUT THE ELECTROMAGNETIC SPECTRUM IN A HARMONIC OF MULTIFREQUENCIES, AND EMANATES FROM THE HEART CONSCIOUSNESS OF OUR MULTIDIMENSIONAL INCARNATE OR PHYSICAL BEING.

THE HARMONIC KNOWING OF THE LIGHT MIND USES THE LOW ALPHA AND THETA ELECTROMAGNETIC FREQUENCIES OF BRAIN WAVES RANGING BETWEEN 8HZ AND 4HZ. AT THESE FREQUENCIES, THE HEART IS IN COHERENCE WITH THE PREFRONTAL CORTEX OF THE BRAIN. FOR THE PHYSICAL HUMAN BEING, THE HEART IS AWARENESS AND ORGANIZER FOR EXPERIENCING OUR MULTIDIMENSIONAL OR TRUE BEING AND LIVING THE UNIVERSAL SOURCE INFINITE CONSCIOUSNESS THROUGH THE PHYSICAL BODY. WE CANNOT BEGIN TO UNDERSTAND THE LIGHT MIND WITHOUT HEART CONSCIOUSNESS. THE HEART IS FOUNDATIONAL TO ALL LEVELS OF THE BRAIN, THE ELECTROMAGNETIC BODY, THE BODY AS CRYSTALLINE MATRIX, THE BODY AS BIOPHOTONS, THE ACOUSTICAL BODY, THE NERVOUS SYSTEM, AND ENDOCRINE SYSTEM, DNA, AND ALL OF THE CHEMICAL, MOLECULAR, AND CELLULAR SYSTEMS OF THE BODY.

IN ADDITION TO THE TWO TOROID FIELDS, THERE IS A THIRD COMPONENT, A SPACE WITHIN THE HEART THAT HAS BEEN DESCRIBED AS THE MERKABA. THIS SPACE IS EXTREMELY SMALL AND APPEARS EMPTY BUT, PARADOXICALLY, IT IS THE SPACE FOR THE FORM AND FORMLESSNESS OF THE CREATIVE SOURCE FOR ALL THAT YOU MANIFEST OR MAY POTENTIALLY MANIFEST. THIS MERKABA IS THE SEAT OF THE UNIVERSAL SOURCE CONNECTION WHOSE REFLECTION OF UNCONDITIONAL LOVE, KNOWLEDGE, AND WISDOM IS DISPLAYED THROUGH EMANATIONS OF THE DOUBLE HEART TOROID FIELD. BECAUSE THE HEART TOROID FIELD IS HOLOGRAPHIC IN NATURE, THE INFORMATION OF THE HEART TOROID FIELD IS PRESENT IN EVERY POINT OF THE TORUS. THIS ALLOWS THE MERKABA... THE "YOU" THAT YOU PERCEIVE YOURSELF TO BE AT PRESENT TO ACCESS ANY TIME, ANY PLACE, ANY DIMENSION, ANY WISDOM, ANY MIRACLE, AND EVEN TO TRANSCEND TIME AND SPACE ALTOGETHER.

THE HEART IS OUR TRANSDUCER OF THE INFINITE CONSCIOUSNESS OF THE DIVINE IN SPIRIT. THE HEART IS OUR ORGANIZING CENTER FOR EXPERIENCING THE UNIVERSAL SOURCE CONSCIOUSNESS WHICH EMANATES AT HIGHER FREQUENCIES THAN THE PHYSICAL BODY AVATAR. THIS EMANATES AS INFINITE, NONLOCAL, AND DIMENSIONLESS INTELLIGENCE OF PERFECT RESTFUL CREATIVE ACTION. THE HEART CONSCIOUSNESS IS OUR EXPERIENCE POINT FOR EXPRESSING THE UNIVERSAL SOURCE IN THE BODY.

THE SPIRITUALITY OF FORM AND FUNCTION FOLLOWS THE ELECTROMAGNETIC FREQUENCY OF THE TOROIDAL FIELDS. GIVEN THIS PROCESS...WE CAN SAY THAT SPIRITUALITY IS THE RESONANCE OF THE DIVINE HEART. SO AS WE SHIFT OUR AWARENESS TO THE HARMONIC LOW ALPHA BRAIN WAVE FREQUENCY OF 8HZ, WE ENABLE THE BRAIN AND MIND TO BE IN COHERENCE WITH THE HEART. WE EXPERIENCE THIS THROUGH MEDITATIVE AWARENESS WHERE THE ELECTROMAGNETIC FREQUENCIES OF THE HEART SYNCHRONIZE WITH THE HEART'S BEAT CREATING A PRESSURE WAVE THAT REFLECTS BACK TO THE HEART FROM THE AORTIC BIFURCATION. THIS SYNCHRONOUS TIMING CREATES A STANDING WAVE THAT OSCILLATES THE BRAIN AGAINST THE CRANIUM. THIS ACTION RESULTS IN A SOUND WAVE THAT MOVES THROUGH THE NEO-CORTEX. THE ACOUSTICAL WAVES ARE TRANSLATED INTO ELECTRICAL ENERGY THAT CAUSE STIMULATION OF THE BRAIN'S NERVE TISSUE. THIS ACTION CLEARS STRESSES OF BLOCKED ENERGY IN NEURAL NETWORKS. THIS IS ONE ASPECT OF HOW MEDITATION (8HZ HEART-BRAIN RESONANCE) EVOLVES THE NERVOUS SYSTEM TO HIGHER FUNCTIONING. THIS RESULTS IN AN INCREASED NEURAL CONNECTION IN THE PREFRONTAL CORTEX WHICH ENABLES THE LIGHT MIND TO BE IN UNITY WITH HEART CONSCIOUSNESS. THEN, WITH FOCUSED HEART

CONSCIOUSNESS SENDS ELECTROMAGNETIC (LIGHT), SONIC, AND HORMONAL SIGNALS TO THE PINEAL GLAND WHICH IN TURN PRODUCES HORMONES THAT ENHANCE THE RECEIVING/TRANSMITTING OF CONSCIOUSNESS FROM MULTI-DIMENSIONS OR THE PROCESS OF MULTI-PHASING.

IF WE THINK OF OURSELVES LIKE A HUMAN TUNING FORK, WE CAN UNDERSTAND THAT SOUND IS THE FEELING DIMENSION OF CONSCIOUSNESS. THE AUDIBLE RANGE OF HUMAN HEARING IS BETWEEN 16HZ AND 25,000HZ. SOUND BELOW 16HZ IS INFRASOUND OR EXTREMELY LOW FREQUENCY SOUND (ELFS), AND SOUND ABOVE 25,000HZ IS ULTRASOUND. THE ENTIRE SPECTRUM OF SOUND FREQUENCY, BOTH AUDIBLE AND INAUDIBLE IS KNOWN BY CONSCIOUSNESS. AUDIBLE FREQUENCIES MAY ASSIST CONSCIOUSNESS TO REMEMBER, ENTRAIN, ACCESS, AND GENERATE FREQUENCIES OF HEART CONSCIOUSNESS AND THE PURE RESONANCE OF THE UNIVERSAL SOURCE AWARENESS. THIS IS WHY WE ARE ABLE TO HEAR OUR OWN FREQUENCY.

WHEN WE HAVE THE UNDERSTANDING OF THESE PRINCIPLES, IT IS EASIER FOR US TO UNDERSTAND THAT WE MUST BECOME THE EXPRESSIONS OF THE DIVINE AND ACKNOWLEDGE THE INTERCONNECTION, VALUE AND INTERDEPENDENCE OF OUR CRYSTALLINE LIGHT BODY THAT EXISTS BETWEEN ALL THINGS.