

## BUILDING STRUCTURES FOR YOUR LIFE

Sacred geometry is considered an ancient science that explores and explains the energy patterns that create and unify all things and reveals the precise way that the energy of creation organizes itself. It is said that every natural pattern of growth or movement comes back to one or more geometric shapes.

We are a living organism that has been designed in “harmonic quality” with all basic underlying energy structures of the universe and brings about certain effects of healing, harmonizing and rebalancing on all levels. It connects the inner and outer, uniting all. We are bound within a grid-work of light and sacred geometry brings together our physical, emotional, mental and spiritual being. Sacred geometry can be used to create structures for human beings which by their, size, shape, orientation, and other factors, helps to maintain health, wisdom, happiness, growth, security, and prosperity shows us how to live more fully in harmony with the world and ourselves.

From the molecules of our DNA, the cornea of our eye, snowflakes, flower petals, crystals, a shell, the stars, the galaxy we spiral within, the air we breathe, and all life forms are created out of geometric codes. These geometric patterns exist all around us, creating the fundamental structure and templates of life in the universe. The patterns can be broken down into a language of mathematics that rules the entirety of our visible and invisible world.

The ancients believed that the experience of Sacred Geometry was essential to the education of the soul. They called it “sacred architecture” because it underlies everything and is woven into the fabric of all creation. They understood that sacred geometric shapes/codes revealed deep wisdom, opening up to life and creation of the Universe itself. They knew that Sacred Geometry was the application of aesthetic design principles using Divine Proportions and patterns as found in nature, for spiritual or sacred purposes. It has its source in mathematical ratios, theories, harmonics, alchemy and other esoteric sciences and philosophical systems.

Each geometric shape has a specific energy vibration and intention, and we feel the difference in each energy. When using them in meditation or healing, they can bring about an energetic shift in your being and in your consciousness, creating healing and re-balancing.

As we continue studying, we now know numbers relate to measurements, cycles, patterns, organizations, hierarchy, building blocks, steps, initiations, musical chords and archetypical energies. Different geometric shapes are associated with specific vibrations according to their number of sides, points, angles or symbolic elements. Much of the symbolism of sacred geometry is based on numerology, the vibrational resonance and codes of numbers. According to numerology, each number carries a unique value, frequency or essence, as do the letters of the alphabet, which correspond to numbers that reduce down the basic 9 single digits ( $a=1, b=2, c=3...$ ). Modern numerology is based on the decimal system of 10 ( $1-9 + 0$ ), but it's important to note that ancient cultures used different numeric systems, which each have slightly different associations.

The topic of sacred geometry is vast and has many other associations throughout every energetic aspect. Let us move through each of the numbers, shapes and sacred symbols.

### Ten Bodies System of Light, Consciousness, and Numerology –

1. The Spirit – The Spark of the Infinite Source
  2. The Negative Mind – The Bound Conscious State
  3. The Positive Mind – The Expanded Consciousness
  4. The Neutral Mind – The Meditative State
  5. Physical Body – The Bound Vessel
  6. The Tanzine Aureole – Perceptive Aura
  7. The Auric Bodies – The electromagnetic Energy Fields
  8. The Hara Line – Connection to Source...The Core Luminous Energy Field
  9. The Subtle Bodies – Infinite and Universal Realities
  10. The Spirit Body – The Ethereal Essence and Radiance
- } The Three Mental Bodies
- } The Energy Bodies

**0 - The Zero “0” Numeral** glyph is a perfect circle or oval that represents openness, receptivity, rebirth, and has a feminine vibration. **Zero** is symbolic of the void, nothingness, emptiness, nothing, no form, infinite space and no boundaries. It represents all that is, infinite potential, wholeness, inclusiveness, as well as nothing. It's associated with eggs, seeds, the womb, and the numerical point from which all other numbers spring forth.

**1** -The **Number One** relates to oneness, unity, beginnings, the singular point of creation, perfection, wholeness, atoms, cells, spirit, origins, focus, individuality, singularity, assertiveness, originality, innovation, the soul, outward energy reaching toward a single objective, self-discovery, self-empowerment and leadership are all qualities associated with the One vibration. The Soul Body is the 1st Body of Light according to the Ten Bodies System of Light, Consciousness, and Numerology. The first / root chakra and the first house of the Universal Houses and the astrology chart are associated with the number one. The glyph for the Numeral 1 is a straight line, like an arrow pointing upward, it's ambitious, individual, unique, solo, independent and has a male vibration. Straight lines relate to masculine energy and curved lines to feminine energy.

The Obelisk is a tall straight monument (*4-sided pillar capped by a pyramid shape*), symbolic of the “One” masculine energy, phallic fertility, vitality and potency. The Egyptians associated these pillars with the Sun God Ra, and rays of light. The form is described as “piercing the sky”. It is believed that the first obelisks were used to tell time by casting shadows from the sun, similar to a sundial. The first calculation of the circumference of the Earth was made using obelisks to cast shadows. The tallest obelisk in the world is the Washington Monument. Some of the most well known and ancient are 4 Cleopatra's Needles, located in London, New York, Paris and Thebes, Egypt.

The Circle is considered a feminine shape. It is associated with feminine creative energy, water, the womb, eggs, seeds, infinite potential, cycles, revolution, wheels (chakras), the nucleus, circulation, spinning, completion, spheres, Sun, Moon, planets, a continuous unbroken path, inclusion, oneness, unity, totality of the universe, auras, haloes, orbs, orbits, eternal love, no beginning and no end, eternity...

**2** - Where number one represents oneness, the **Number Two** represents differences, division, duality, opposites, opposition, discernment, balance and the Negative Mind (*2nd Body of Light*). Number 2 energy polarities include: yin/yang, day/night, dark/light, Heaven/Earth, male/female, hot/cold,

action/rest, good/evil, positive and negative. The second chakra also relates to the Two vibration in the aspect of sexuality, seeking ones ideal partner or mate. Lovers, relationships, devotion, diplomacy, cooperation and co-creation are all aspects of the Two energy. Partnerships bring new forms into life through the union of the two, where a child, a new creation or expression can be birthed to form the three or the trinity.

The Vesica Pisces is composed of two spheres with the same radius, which intersect within each other's circumference. This shape represents perfect balance and creation. It is the union of the Higher Self and Lower Self of Body, Mind, and Spirit. It is symbolic of the human eye, vision, common ground, mutual understanding and that emotions, impact thoughts, and thoughts impact actions. It is a perfect balance of masculine and feminine energy that symbolizes consciousness, the physical world and the spiritual world, submission to the Light, left and right brain...

**3 - The Number Three** represents the Trinity or union of three, triads, life-death-rebirth, past-present-future, body-mind-spirit, the Divine and is the vibration of three. It relates to creativity, motion, flow, play, fun, hope, joy, nurturing, seeking balance and perfection, mountain peaks and new opportunities. The Trinity Knot (*Triquetra*) is an ancient Celtic symbol of life cycles and other triplicities associated with the three vibration. There are many variations on this design. The basic structure is formed by equal 3 overlapping circles intersected by their centers and perimeters that form the Tripod of Life. When the outer circle lines are removed, the remaining inner overlapping Vesica Pisces shapes form the endless knot motif. In Astrology the 120° Trine angle is the most harmonious aspect in a chart. The triangle shape represents the fire element, spiritual aspirations, strength, and are used for the alchemy glyph symbols for the 4 Earthly elements (*Air, Earth, Fire and Water*). The fire triangle is the symbol for the third chakra, which corresponds to the element of fire, action, achievement and personal power. Pyramids are based on the triangle shape, and are believed to have magical powers of, charging, healing, regeneration and amplification of energy through their crystal-like structure, which creates a vortex of balancing energy. The Positive Mind is the 3rd Body of Light.

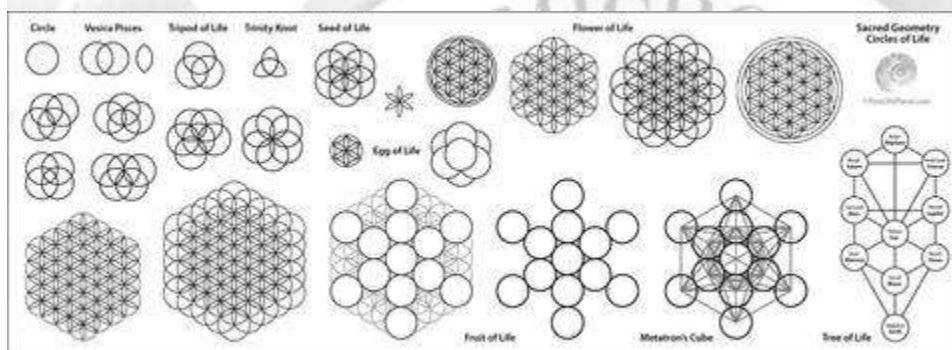
**4 - The Number Four** represents the square, rectangles, 4 seasons, 4 cardinal points or geographical directions, 4 quadrants of the astrological chart, 4 Earthly elements, building blocks, stability, resilience, practicality, hard work, solid foundations, being grounded to the Earth, the home, structures and organization are all associated with the 4 vibration. The square is considered a masculine shape. The four energy connects the body-mind-spirit to the physical outer world. The 4th house in Astrology represents childhood foundations, the home, and places of dwelling. Neutrality and the Neutral Mind are also qualities of the four vibration being the 4th Body of Light in the 10-Bodies system.

**5 - The Number Five** is the pentagon and the pentagram, symbolic of manifestation, magic, the symbol of man, the physical body and the 5 elements... Where the 4 energy seeks stability and protection of the home, the 5 energy is moving out into the world, taking risks, seeking change and new experiences, adventures, quests, exploration... The Five energy is free-spirited, the desire to be free to pursue ones purpose, joy and bliss. The 5th house of the astrological chart relates to pleasure, play, joy, fulfilling ones desires. It is the 5th Body of the 10 Body System.

**6 - The Number Six** is found in the hexagon shape, the structure of honeycombs, and the hexagram (*Star of David*), formed by two intersecting triangles. This is the symbol of the heart chakra, and the union of

the male/female energy, unification and balance. The Number Six is also associated with the 6th chakra, seeing, intuition, inner vision, the third eye, imagination, visualization, dreams, the subconscious and mental powers. The 6th Body of Light is the Tazine Aureole (*the halo*) which is depicted as an orb of light around the heads of highly spiritual figures, angels, deities and ascended masters.

**7 - The Number Seven** is considered a spiritual number of divine vibration and universal balance. It is associated with the rainbow spectrum of color frequencies, synchronicity, divine guidance, enlightenment, the 7 chakras, magnetism, charisma and the higher self. The 7th Body of Light is the Aura or Electromagnetic Field. The seven sided polygon is the heptagon, and the seven pointed star is the heptagram or septagram. The symbol represents the seven planets visible to ancient civilizations (*Sun, Moon, Mercury, Venus, Mars, Jupiter & Saturn*) which also correspond to the 7 days of the week and 7 metals of alchemy (*gold, silver, iron, mercury, tin, copper and lead*). Seven Virtues, seven deadly sins, and seven gifts of the Universal Houses.



The Seed of Life is formed by 7 circles arranged in a six-fold symmetrical pattern. 6 circles intersect at their centers around a 7th central circle. This is the basis for

the Flower of Life design. The seven circles are symbolic of the 7 days of creation. They contain the Vesica Pisces pattern, creating the appearance of flower petals as each of the circles overlap perfectly at their centers. It is used as a symbol for protection and the creation of the universe.

**8 - The Number Eight** vibration is associated with prosperity, abundance, affluence, and riches. The 8-pointed star / octagram is prosperity and abundance. The octagon is considered an auspicious shape associated with the **fundamental principles of reality**. The 8 sides represent Heaven, Earth, Water, Fire, Lake, Wind, Thunder and Mountain. The glyph for the Number 8 is the infinity symbol, which represents the infinite flow of all things. The Hara Line is the **8th Body of Light**. This represents core vital energy, the breath, fearlessness, healing, regeneration and tirelessness.

The Egg of Life is a similar formation to the Seed of Life having eight 3-D spheres (*one in back is hidden*), which represents the embryonic division of cells. (*1 divides into 2, 2 turns into 4, 4 multiplies to 8...*)

**9 - The Number Nine** is the highest single digit of numerology systems. The Nine energy relates to completion, cosmic consciousness, alignment, awakening to the higher self, answering to a higher calling (*Divine purpose*), and spiritual blessings. The astrological 9th house is associated with spiritual or philosophy and higher education. The nonagon / 9-sided polygon and the 9-pointed star (*nonagram or enneagram*), which is formed by 3 overlapping triangles.  $3 \times 3 = 9$ . The Enneagram is a system of psychology based on 9 archetypal personality types. The 9th Body of Light is the Subtle Body, the sensitivity or intuitive self.

**10 - The Number Ten** is associated with perfection, the Tree of Life, that has its roots in the Four Sacred Worlds. The 10th Light Body is the Spirit or Radiant Body. It represents our courage, grace, strength, projection, dignity, nobility and ability to overcome obstacles. Ten is the number of destiny, of what is possible to create from the talents and gifts. In Numerology the number 10 contains the One vibration. The Tenth house of the astrological chart represents recognition, fame and career. The 10-Pointed Star / Dekagram is formed by 2 overlapping pentagrams one pointing up and one pointing down. It represents the union of opposites, and is associated with the 10 Spheres of the Sephirot (*Divine manifestations or qualities from the Tree of Life: 1-crown, 2-wisdom, 3-intelligence, 4-love, 5-justice, 6-beauty/mercy, 7-victory/firmness, 8-splendor, 9-foundation and 10-kingdom*).

The Tree of Life - is a motif and design can be created from the pattern of circles in the Flower of Life design.

**11 - The Number Eleven** is considered a “master number”. It represents spiritual excellence and mastery, and is sometimes referred to as the 11th Body, being the perfect crystallization of all 10 Bodies of Light. People with 11s in their numbers are considered to be old souls having some supernatural abilities and intelligence. The 11-pointed star is known as Girih or hendecagram. This 11-point star shape is on the base of the Statue of Liberty which represents unity (*6 male points, 5 female points, totaling 11*), being a gateway to the other side or world to come. The 11 glyph is the symbol for “the twins”. If one fails to master their higher 11 mastery potential, the 11 vibration reduces down to a 2 vibration ( $1+1$ ).

**12 - The Number Twelve** has many sacred associations. There are 12 months in a year, 12 constellations and signs of the zodiac, 12 houses of the astrological chart, 12 Chromatic scale of notes, and 12 Sanskrit names of the Sun... Like 9, 12 is also a number of completion. The number 12 reduces to 3 ( $1+2$ ), so 12 also carries the three vibration. The 12-pointed Star / Dodekagram is made from 4 overlapping triangles, or 2 hexagrams that form the 12 sided-Dodecagon in its center.

**13 – The Number Thirteen** is actually considered a sacred number. There are 13 moon cycles in a year, and 13 months of 28 days each to the World Calendar. The Aztec calendar was made up of 13-day cycles. In the Celtic calendar 13 represented balance and harmony. In some traditions it represents the ending of one phase and the beginning of another. The number thirteen reduces to the number four ( $3+1$ ) of neutrality.

**22 – The Number Twenty Two** is a master number associated with deep spiritual understanding. These individuals are master builders, and have the potential to achieve high goals or status in life. If one fails to live up to the master potential of their 22, the vibration may manifest as the 4 ( $2+2$ ) energy.

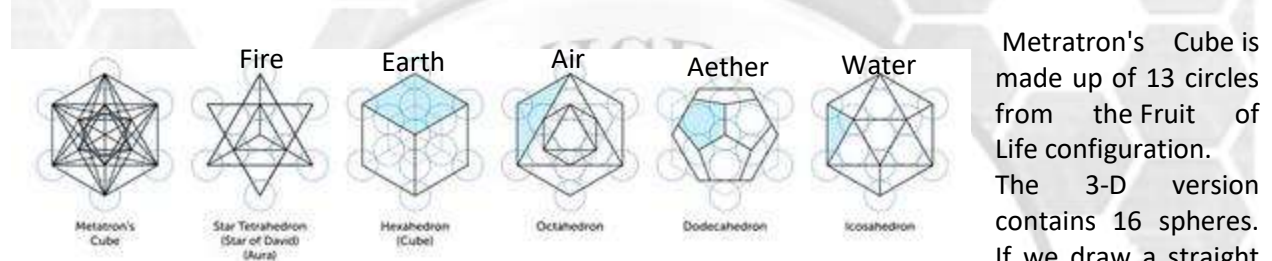
**33 – The Number Thirty Three** is the third master number. People with 33 in their numerology are master teachers, and very creative individuals as 3 is the number of creativity, the double 3 adds joy, excitement and passion to their personality. They have the ability to achieve the seemingly impossible or impractical. The Star of David embodies the 33 vibration from the two triangles. The mundane vibration of the 33 also contains the 6 energy.

Numbers 18, 54, 72, 108, 144, 360, 777 and 1008, are all significant numbers that relate to sacred geometry and/or spirituality.



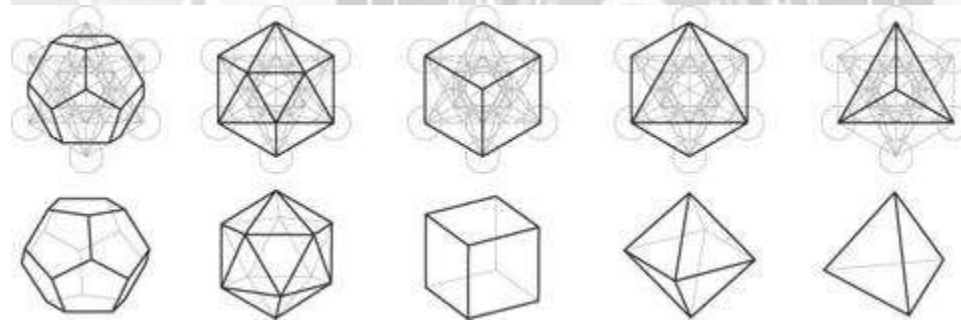
The Flower of Life is formed by repeating a hexagonal pattern of circles to a third stage vortex of motion. The most common Flower of Life design has 19 complete circles enclosed within a larger outer circle. 36 outer partial circles are removed from the design. A smaller inner version of the design as found in many ancient representations, shows a second stage of overlapping circles within the Seed of Life level contained within a larger circle with the outer portions of circles eliminated.

The Fruit of Life adds two more additional layers of circles, expanding the pattern to 61 circles. The design involves two stages. The first stage includes all the base circles aligned in a Hexagram shape containing 5 circles along each of the 6 outer edges, and overlapping circles throughout the design. The second stage features 13 circles in a star-shaped configuration of 5 circles in 3 120° angles, eliminating the extra or overlapping circles. The **Fruit of Life** is said to represent the blueprint of the universe, containing the design elements for molecular structures. It has a relationship with Metatron's Cube.



Metatron's Cube is made up of 13 circles from the Fruit of Life configuration. The 3-D version contains 16 spheres. If we draw a straight

line connecting the centers of each circle or sphere, the result contains the basis for the 5 Platonic Solids.



The Five Platonic Solids are 3-Dimensional shapes made up of regular polygons

- The tetrahedron is a triangle shaped pyramid with a 3-sided base (4 sides including the base) represents the fire element.
- The octahedron is an 8-sided shape made up of equilateral triangle shaped sides. It symbolizes the air element
- The hexahedron is a 6-sided box of perfect squares. It represents the Earth element
- The icosahedron has 20 triangle-shaped sides and represents the water element.
- The dodecahedron is a 12 sided form of pentagon-shaped sides. It represents the ether element or life energy.

What makes these shapes so special is that each one can fit perfectly inside a sphere with all corners touching the edges. The sphere represents the void.

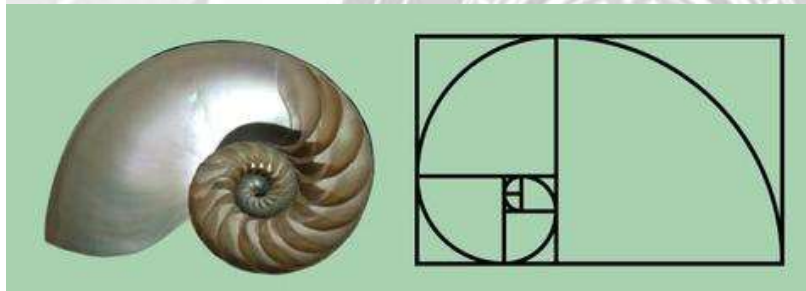
The 13 Archimedean Solids are formations having multiple polygon-shaped sides.

The Merkaba (*aka Star Tetrahedron*) is like a 3-D Star of David, formed by two triangle-shaped pyramids intersected, superimposed within each other. Mer means light, Ka = spirit, and Ba = body. It symbolizes a vehicle of light, reaching for higher realms, Divine Light, and perfect equilibrium between the laws of complimentary opposites. Contained within a sphere, it represents the energy field of the spirit body surrounded by counter-rotating fields of light that bring one from one dimension to another.

Concentric Rings are symbolic of growth, expansion, tree rings, fingerprints, water ripples, sound waves, radiation...

Spirals are symbolic of snakes, water, curling waves, rivers, Kundalini energy, movement, growth, expansion, shells, screws and spinning.

The Golden Mean (*aka PHI = 1.6180339...*) is a mathematical sequence of numbers that continues for eternity without a repeating pattern. It's associated with the the spiral of the Chambered Nautilus shell and other spiral formations found in nature and organic structures. It's a symbol for infinite expansion and renewal. These proportions are also common in the compositions of sacred art as esthetically harmonious design and arrangement of elements. A simplistic formula for its use in art and design is: a+b is to a, as a is to b.



The Fibonacci Spiral is nearly identical to the Phi ratio. In this pattern of numbers  $1/1=1$ ;  $2/1=2$ ;  $3/2=1.5$ ;  $5/3=1.66$ ;  $13/8=1.625$  and so on... This addition sequence is a bit easier to remember:  $0+1=1$ ;  $1+1=2$ ;  $2+1=3$ ;  $3+2=5$ ;  $5+3=8$ ;  $8+5=13$ ;  $13+8=21$ ;  $21+13=34$ ;  $34+21=55$ ;  $55+34=89$ ;  $89+55=144$ ... Fibonacci spirals are used in the crafting of musical instruments like violins, cellos, and also are related to music and sound vibrations in the musical tones, notes and scales.



**Labyrinths** - are maze-like spirals or circular designs symbolic of a spiritual journey or pilgrimage towards the center, an initiation, following or staying on the right path. Many are constructed as complex mandalas and some can be quite large as constructed in gardens and used in meditation practices.

**Toroids** (*Tube Torus*) are rotating 3-D circular forms, similar to the shape of a donut. The dynamic flow of energy in a torus acts like a vortex, pulling energy into the center from one end, and out to the surface from the opposite end.

**Fractals** are objects occurring in nature having intricate formations that repeat in different sizes and scales as seen in many plants, trees, leaves, ferns, vegetables, pine cones, feathers, sea shells, snowflakes and crystals. With fractals, these patterns replicate in infinitely smaller perfect patterns. Romanesco broccoli is a perfect example. As you zoom in to magnify the tiny buds, each one is an identical replica of the larger forms. The Dragon Curve, Pythagoras Trees and Fractal Trees are a few different types of fractal patterns.

### **Energy Functions**

Energy exists and functions by the Universal Laws and divides its own unity into equal and opposite reaction, Positive, balance (neutrality), and negative(  $+=-$ ). As with any other form of triangulation, it would likewise of course be accurate to state that unity exists between duality, or that neutrality exists between polarities (in mean and extreme ratio.)

The manner in which  $+=-$  energy maintains its neutralization in its total space corresponds to geometry and number. It should be known that energy does not correspond to any single “number” or to any single “shape” of geometry solely, but to ALL aspects of number and ALL aspects of geometry, which when considered collectively describe harmony and dissonance in full spectrum.

Energy functions as the simplest possible solution. We can think of it like a lowest common denominator “resonant solution” to achieve a perpetual neutralization, where no energy is created or converted, or transformed, and exists as unity alone. As we can find in number, geometry and musical law as a whole, there are no things in relation that are incapable of achieving rhythmic balance and harmonic unity, no matter their relative dissonances- all motion and all action and reaction through the workings of energy are a result of energy maintaining its harmonic unity. Nature itself is a result of energy’s ability to maintain a perfect harmonic solution in itself.

### **KEY CONCEPTS**

- In their pure and whole form, sacred geometry exists on elevated energetic planes, beyond 3D physical forms.
- It is also possible for a physical objects to be energetically encoded or embedded with sacred geometries so that it emanates the frequency of the geometry.
- Sacred geometries can be transferred at any time or place
- Live multi-dimensionally through Sacred Geometry
- Sacred geometry is an ancient science, a sacred language, and a key to understanding the way the Universe is designed.
- the reconnection of the human bio circuitry through alchemical ceremony
- interactive model of transcendence
- linking alchemical ceremony, sonic codes, sacred geometry, neuro- chemistry and the endocrine system to DNA resurrection and the transformation of the cellular shaping field
- Sacred Geometry and Crystals can harness the power of the Universe