

*I pay tribute to the Universal Source.  
I honor you and ask this one small gift.  
May your light and strength wash over [Name],  
Support (him/her) in this time of need.*

*I ask your assistance and blessing, for one who is ailing.  
[Name] is ill, and (he/she) needs your healing light.  
I ask that you send guidance and healing in (his/her) life.  
I ask that you rid (him/her) of all that is negative, harmful and diseased.  
I ask you to watch over (him/her) and give (him/her) strength,  
Keep (him/her ) safe from further illness, and protect (his/her) body and soul.  
I ask you to heal (him/her) in this time of sickness and replace these conditions with balance, knowledge  
and release.*

*By my strength, I ask you to take away [Name]'s illness,  
Carry it out to the four winds, never to return.  
To the north, take this illness away and replace it with health.  
To the east, take this illness away, and replace it with strength.  
To the south, take this illness away, and replace it with vitality.  
To the west, take this illness away, and replace it with life.  
Carry it away from [Name] that it may be no more.*

*So shall this be.*

