Everything is energy. Energy is infinite, never dies and only converts or transforms; and therefore, the universe exchanges both matter and energy with the boundary, multi-verse, and other dimensional spaces in the continuing, evolutionary cycles of past, present, and future. From the Extraterrestrial's perception: everything they do is based on the intelligent energies and they recognize that behind all happenings exists the world of these energies. Energy manifests, stores and retrieves meaning in all realities by projecting certain frequencies which create dimensional living patterns, or holograms, where all the pieces and parts contain the information of the whole.

### THE ENERGY MATRIX

## **OBJECTIVES**

THIS DOCUMENT ADDRESSES ADEPT LEVEL TRAINING FOR THE ENERGY MATRIX. IT CONTINUES TO BUILD ON THE INITIATE LEVEL DOCUMENTS BASIC QUANTUM MECHANICS, THE UNIVERSAL SOURCE MATRIX, THE UNIVERSAL LAWS, UNIVERSAL SOURCE INITIATE LEVEL, AND CONNECTING. YOU SHOULD UNDERSTAND THE FOLLOWING CONCEPTS AT COMPLETION OF THIS STUDY:

- 1) THE FIELD OF ENERGY THAT CONNECTS EVERYTHING CREATED.
- 2) THE ROLE OF THE FIELD OF ENERGY AS A CONCEPTUAL EMBODIMENT, CONDUIT, AND A REFLECTION/MIRROR FOR OUR BELIEFS.
- 3) THE KEY TO MASTERING THIS MATRIX OF PURE ENERGY IS TO KNOW THAT IT EXISTS, TO UNDERSTAND HOW IT WORKS, AND FINALLY TO SPEAK THE LANGUAGE THAT IT RECOGNIZES
- 4) EVERY PART OF THE FIELD IS CONNECTED TO EVERY OTHER AND EACH PIECE MIRRORS OR REFLECTS THE WHOLE BUT ON A SMALLER SCALE, WHICH IS NON-LOCAL AND HOLOGRAPHIC.
- 5) COMMUNICATION WITH THE FIELD IS THROUGH THE LANGUAGE OF THOUGHT AND EMOTION.
- 6) THE IMPORTANCE OF ANCIENT TRADITIONS IN REMEMBERING THE UNITY OF CREATION

PLEASE NOTE THAT FOR THE SAKE OF THIS DOCUMENT...ALL DISCUSSION ABOUT MANIFESTING REALLY REFERS TO THOUGHT FORM CREATION. TRUE MANIFESTING COMES FROM LOWER FORMS AND THOUGHT FORM CREATION COMES FROM HIGHER FORMS. THE WORD MANIFESTATION OR MANIFEST IS USED IN THIS DOCUMENT TO CONVEY AND ENCOMPASS THE PROCESS OF THOUGHT FORM CREATION.

### INTRODUCTION

THIS MATRIX IS A GREAT FIELD OF INTELLIGENT ENERGY THAT CONNECTS ALL THINGS IN EXISTENCE, FOR ALL OF TIME. AS IT CONNECTS ALL THINGS, IT SERVES AS A CONDUIT OF INFORMATION, A MEANS FOR MANIFESTATION, AND A MIRROR REFLECTING OUR TRUTHS. YOU AND I ARE MERELY PART OF THE EQUATION. WE'RE BOTH CATALYSTS FOR THE EVENTS OF OUR LIVES, AS WELL AS THE EXPERIENCERS OF WHAT WE CREATE AND THESE THINGS ARE HAPPENING AT THE SAME TIME!

THE FOUNDATION OF LIFE IS VIBRATING ENERGY, (HUMAN BODIES, ANIMALS, ROCKS, PLANTS, TREES, WATER, MOUNTAINS, CHAIRS, AIR), EVERYTHING IS VIBRATING QUANTUM ENERGY. THERE IS NOTHING THAT IS NOT THIS ENERGY. THERE CANNOT BE ANYTHING THAT IS NOT THIS ENERGY, SEEN AND UNSEEN. IN FACT THIS ENERGY IS CLOSER TO US THAN OUR BREATH FOR IT IS THE VERY SUBSTANCE FROM WHICH, AND IN WHICH WE EXIST. THIS IS THE FOUNDATION OF LIFE BEFORE THOUGHT. WHEN YOU DIRECT YOUR THOUGHT IT GENERATES "THOUGHT-FORMS" WHICH IS WHEN ENERGY BEGINS TO UNITE THE BEGINNING OF FORM AND OF HAVING WHAT YOU DESIRE.

EVERY MOLECULE OF THIS VIBRATING ENERGY CONTAINS INTELLIGENCE. THIS MEANS THAT INTELLIGENCE EXISTS IN EVERY PARTICLE OF ALL MATTER. THIS IS A FOUNDATION OF HOW INTUITION WORKS. SINCE WE, AS WELL AS, EVERYTHING ARE ALL VIBRATING ENERGY AND INTELLIGENCE THEN WE CAN DIRECT OUR THOUGHTS TO DETECT THAT INTELLIGENCE ANYWHERE IN ANYTHING.

THE KEY CONCEPT TO UNDERSTAND IS THAT VIBRATING PARTICLES THAT MAKE UP LIFE AND CONTAIN THE INTELLIGENCE TO CREATE THIS LIFE ALSO MAKES UP AN INTELLIGENT FIELD OF ENERGY. EQUALLY, THERE IS A FORCE INHERENT IN THIS FIELD AND IS ALSO THIS FIELD. THERE ARE FIELDS THAT SURROUND EACH OF THE COMPILATIONS OF INTELLIGENT ENERGY, EACH MATRIX. IN OTHER WORDS EVERY ROCK, ANIMAL, TREE, HUMAN AND ALL THE THINGS LISTED ABOVE HAS ITS OWN INTELLIGENT FIELD OF ENERGY. IT IS INTERESTING THAT WHILE THE SUBSTANCE THAT BINDS TOGETHER TO FORM THESE APPARENT INDIVIDUAL FIELDS OF ENERGIES SIMULTANEOUSLY EXISTS AS THE FIELD THAT IS GENERATED AS A RESULT. THIS INTELLIGENCE IS THE SUBSTANCE, THE NOURISHMENT AND THE RESULT OF ITSELF.

THEREFORE, THIS MICROCOSM OF LIFE IS THE MACROCOSM OF LIFE; EXACT SAME THING SINCE THERE CAN NEVER BE ANY SEPARATION FROM ENERGY. THERE CAN NEVER BE ANY SEPARATION FROM THE UNIVERSAL SOURCE. IN FACT THE SOURCE OF ALL PROBLEMS AND FEARS IN LIFE IS BECAUSE OF A FALSE BELIEF IN SEPARATION FROM THE UNIVERSAL SOURCE.

THE PHYSICAL UNIVERSE WAS CREATED BY THE PROCESS OF ENERGY CHANGING FROM ONE FORM TO ANOTHER. THE CREATION AND CESSATION OF ALL THINGS PHYSICAL IS SIMPLY MANIFESTATION (CREATE, EXPERIENCE, EVOLVE, AND RECREATE) OR CONVERTED TO SOMETHING ELSE THROUGH TRANSFORMATION (UNMANIFESTATION). WE ARE CONTINUALLY A WORK IN PROGRESS.

SOMETHING CAN ACTUALLY COME INTO EXISTENCE ONLY WHEN IT IS OBSERVED. THAT MEANS THAT SOMETHING ONLY EXIST BECAUSE A MIND FIRST THOUGHT IT INTO EXISTENCE. EVERYTHING EXISTS PRIMARILY AS A POTENTIALITY OR QUANTA. WHEN SOMETHING IS OBSERVED, QUANTA (THE SMALLEST PARTICLE SOMETHING CAN BE DIVIDED INTO) WHICH IS ENERGY COME TOGETHER TO FORM SUBATOMIC PARTICLES, AND IN TURN ATOMS, THEN MOLECULES UNTIL FINALLY SOMETHING MANIFESTS IN THE PHYSICAL WORLD AS A LOCALIZED SPACE-TIME EVENT THAT CAN BE OBSERVED BY THE FIVE PHYSICAL SENSES.

WE ALREADY UNDERSTAND THAT THIS ENERGY IS CONSCIOUS AND INFINITE THEREFORE IT COULD BE DESCRIBED AS AN INFINITE LIVING MIND! EVERYTHING IN THE UNIVERSE HAS ITS BEING FROM THIS INFINITE INTELLIGENT ENERGY. IMAGINE THAT EVERY TIME THIS INTELLIGENCE MOVES OR THINKS AN ICICLE IS FORMED IN THE WATER, EXACTLY CORRESPONDING TO THE THOUGHT. WE MIGHT HAVE COUNTLESS NUMBERS OF ICICLES OF DIFFERENT FORMS, COLORS AND SIZES BUT THESE ICICLES WOULD STILL BE WATER. IF WE COULD HEAT THE WHOLE MASS, IT WOULD MELT, AND ALL THE FORMS WOULD AGAIN BECOME FLUENT. NOTHING WOULD HAVE CHANGED BUT FORM. THIS IS ALL THERE IS TO MATTER.

ALL THE ELECTRONS AND SUBATOMIC PARTICLES OF AN ATOM ARE HELD TOGETHER IN THEIR PRECISE POSITION AND ORBIT BY AN INVISIBLE FORCE, BY WHICH WITHOUT IT, EVERYTHING WOULD FALL APART AND REALITY AS WE KNOW IT, WOULD CEASE TO EXIST IN AN INSTANT. SUBATOMIC PARTICLES ARE SIMPLY ENERGY PACKETS. YOU ARE A CLUSTER OF ENERGY, SO IS EVERYTHING ELSE. A CLUSTER OF ENERGY IS ALWAYS IN MOTION, MOVING AND CHANGING TO FORM NEW CONFIGURATION AT EVERY MOMENT. THE TABLE THAT IS IN YOUR DINING ROOM IS NOT AS SOLID AS IT APPEARS TO BE. ON A HIGHLY MAGNIFIED LEVEL, YOU WOULD REALIZE THAT IT IS IN CONSTANT FLUX, "LOSING" AND "GAINING" BILLIONS OF ENERGY PACKETS, BUT INTELLIGENTLY MAINTAINING THE OVERALL "LOOK" OF A TABLE. THERE IS A CONSCIOUSNESS THAT KEEPS THE ENERGY IN THAT PARTICULAR FORM.

When something is no longer observed by consciousness, it will cease to exist by converting or transforming it back into a state of potentiality or Quanta, Energy. Ultimately all matter, energy and information are one and the same. All matter is energy, all energy is information. Information is thought, thought is consciousness. Consciousness is Mind. The Universal Source is intelligent energy. The Universal Source Construct is Mind.

THE ENTIRE UNIVERSE FROM THE UNIVERSAL SOURCE, THE FIRST CAUSE, DIVINE ENERGY VIBRATING RELATIVE TO THE FREQUENCY OF THE UNIVERSAL SOURCE, THE SOURCE BEING THE VERY CENTER OF THE UNIVERSE OF ENERGY AND THE PHYSICAL WORLD BEING THE OUTERMOST SHELL, THE PHYSICAL THREE DIMENSIONAL UNIVERSE AS OBSERVED BY MEANS OF THE PHYSICAL SENSES, EXISTING AT THE LOWEST RATE OF VIBRATION AND THE HIGHEST DENSITY. THE PHYSICAL UNIVERSE OF MATTER REPRESENTS ONLY A TINY FRACTION OF THE UNIVERSE OF ENERGY AND VIBRATION IN ITS ENTIRETY.

ALL ENERGY IS INFLUENCED BY THOUGHT AND STRUCTURES INTO THOUGHT FORMS AS AN OBSERVABLE EFFECT. EVERYTHING THAT HAPPENS, HAS HAPPENED, AND WILL HAPPEN, FIRST ORIGINATED AS A THOUGHT, WHICH IN TURN HAS ITS CORRESPONDING EFFECT ON ENERGY AND BECOMES A CORRESPONDING AND POTENTIALLY OBSERVABLE EFFECT.

THE ULTIMATE ACT OF CREATION IS BY THE FIRST CAUSE OR THE UNIVERSAL SOURCE, AND CAN BE OBSERVED IN ALL ITS GLORIOUS SPHERES, PLANES AND DIMENSIONS, ORIGINATED IN THE VERY BEGINNING AS A THOUGHT IN THE MIND OF THE UNIVERSAL SOURCE. IT CAN BE TRULY SAID THEREFORE THAT WE ALL EXIST AS "EXPRESSIONS",

WITHIN THE MIND OF THE UNIVERSAL SOURCE, MADE IN THE TRUE SPIRITUAL IMAGE OF INTELLIGENT ENERGY. SO BY SEEING THINGS FROM A UNIFIED PERSPECTIVE, WE KNOW THAT THE PHYSICAL STATE OF MATTER AND ENERGY ARE "CREATED AND CONVERTED" BY BEING TRANSFORMED FROM ONE FORM TO ANOTHER. ALL THINGS PREEXIST IN SPIRITUAL FORM AND ARE CONVERTED OR TRANSFORMED TO PHYSICAL FORM AND BACK.

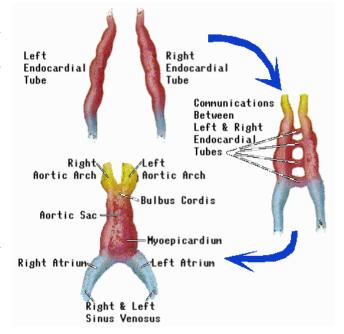
EVERYTHING IS CREATED BY THE INTELLIGENCE OF THE UNIVERSAL SOURCE AND THIS FOLLOWS THE UNIVERSAL LAWS. EVERYTHING IS MADE OF PURE ENERGY WHICH IS CONSCIOUSNESS. CONSCIOUSNESS CREATES EVERYTHING AND DIRECTS EVERYTHING. BY UNDERSTANDING THE MIND, WE ARE ABLE TO UNDERSTAND REALITY. MIND IS EVERYTHING, AND MIND CONTROLS EVERYTHING.

### PRACTICAL APPLICATIONS OF INTELLIGENT ENERGY

THE HUMAN BRAIN IS NOT THE DRIVING SEAT OF CONSCIOUSNESS. FROM THIS POINT FORWARD WE MUST REALIZE THAT COMMUNICATION BETWEEN THE HEART AND BRAIN IS A TWO-WAY PROCESS. MUCH OF MODERN SCIENCE HAS ALREADY PROVEN THAT THE HEART HAS A COMPLEX INTRINSIC NERVOUS SYSTEM THAT IS SUFFICIENTLY SOPHISTICATED TO QUALIFY AS A "LITTLE BRAIN" IN ITS OWN RIGHT. THE HEART'S BRAIN IS AN INTRICATE NETWORK OF SEVERAL TYPES OF NEURONS, NEUROTRANSMITTERS, PROTEINS AND SUPPORT CELLS LIKE THOSE FOUND IN THE BRAIN PROPER. ITS ELABORATE CIRCUITRY ENABLES IT TO ACT INDEPENDENTLY OF THE CRANIAL BRAIN TO LEARN, REMEMBER, FEEL AND SENSE.

SO FOR THE PRACTICAL APPLICATION OF THE INTELLIGENT ENERGY, WE WILL DISCUSS THE DEVELOPMENT OF A HUMAN. THE DEVELOPMENT OF A HUMAN BEING IS A FEAT OF ENGINEERING BRILLIANCE WHICH GOES BEYOND THE COMPREHENSION OF THE AVERAGE PERSON. THE BLUEPRINT FOR THIS MAGNIFICENT DESIGN BEGINS TO UNFOLD WHEN TWENTY THREE CHROMOSOMES CONTAINING DNA DEOXYRIBONUCLEIC ACID INFORMATION CARRIED BY MALE SPERM UNITES WITH TWENTY THREE CHROMOSOMES

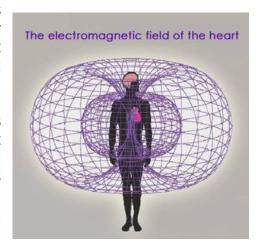
CONTAINED IN THE FEMALE EGG. IT IS THIS COMBINATION OF **FORTY** CHROMOSOMES **THAT** WILL INCITE THE PRIMITIVE HEART, WHICH AT THIS POINT CONSISTS OF TWO BASIC TUBES, TO FORM IN THE NEW EMBRYO IN EIGHTEEN DAYS AFTER CONCEPTION. AROUND DAY TWENTY TWO. PRIMITIVE HEART IS ANIMATED BY AN 'ELECTRIC' SPARK AND BEGINS BEATING. EVEN THOUGH THIS PRIMITIVE HEART IS THE FIRST ORGAN TO DEVELOP IN THE BODY IT DOESN'T RESEMBLE A HEART IN APPEARANCE AS YOU CAN SEE BY LOOKING AT THE PICTURE. THE LEFT AND RIGHT ENDOCARDIAL TUBES MATERIALIZE BECAUSE (SUB)ATOMIC PARTICLES ARE



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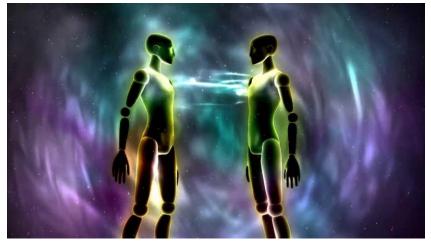
ATTRACTED TO AND THEN STRUCTURE THEMSELVES AROUND TWO ELECTRIC CURRENTS ALREADY IN EXISTENCE. IT IS AT THE MOMENT THE HEART BEGINS BEATING AND THE MOMENT A PROTOTYPE CONSCIOUSNESS EMERGES AND THE PROTO-BODY BECOMES A LIVING BUT NOT YET CONSCIOUSLY AWARE INTELLIGENT BEING THAT HAS THE POTENTIAL TO EVOLVE INTO SOMETHING QUITE EXTRAORDINARY.

SO REALLY AT THE BEGINNING AND CENTER OF THIS BRILLIANT STRUCTURE IS THE HEART. THE HEART DEVELOPS BEFORE THE BRAIN. THE BELIEF THAT THE HEART IS MERELY A PUMP IS WRONG. IN FACT, IT CAN BE SHOWN TO BE A TWIN OPPOSING VORTEX WHICH EMBODIES THE PHYSICAL CAPACITY TO BF CONSIDERED A MINI-BRAIN AND IT COMMUNICATES WITH THE BRAIN AND BODY IN FOUR WAYS. THESE ARE THROUGH NEUROLOGICAL COMMUNICATION (NERVOUS SYSTEM), BIOPHYSICAL COMMUNICATIONS (PULSE WAVE), BIOCHEMICAL COMMUNICATION (HORMONES) AND **ENERGETIC** COMMUNICATION THROUGH THE **INTERACTION** OF ELECTROMAGNETIC FIELDS.



THE HEART IS THE MOST POWERFUL GENERATOR OF ELECTROMAGNETIC ENERGY IN THE HUMAN BODY, PRODUCING THE LARGEST RHYTHMIC ELECTROMAGNETIC FIELD OF ANY OF THE BODY'S ORGANS. THE HEART'S ELECTRICAL FIELD IS ABOUT 60 TIMES GREATER IN AMPLITUDE THAN THE ELECTRICAL ACTIVITY GENERATED BY THE BRAIN. THIS FIELD, MEASURED IN THE FORM OF AN ELECTROCARDIOGRAM (ECG), CAN BE DETECTED ANYWHERE ON THE SURFACE OF THE BODY. FURTHERMORE, THE MAGNETIC FIELD PRODUCED BY THE HEART IS MORE THAN 5,000 TIMES GREATER IN STRENGTH THAN THE FIELD GENERATED BY THE BRAIN, AND CAN BE DETECTED A NUMBER OF FEET AWAY FROM THE BODY IN ALL DIRECTION. THIS CAN BE PROVEN USING SQUID-BASED MAGNETOMETERS.

There are interactions that take place between one person's heart and another person's brain when two people touch or are in proximity. This interaction produces electromagnetic signals generated by the heart that has the capacity to affect others around us. In other words, one person's heart signal can affect the other person's brainwaves, and that heart-brain synchronization can occur between two people when they interact. This means individuals can increase psychophysiological coherence and become more sensitive to the subtle electromagnetic signals communicated by those around them. This electromagnetic communication is the source of information exchange between people, and this exchange is influenced by our emotions.



ALTHOUGH WE MAY NOT HAVE THE CAPACITY AS A DEVELOPING EMBRYO TO UNDERSTAND MUCH OF ANYTHING (AT LEAST THAT WE CAN REMEMBER) EVERY SINGLE CELL IN OUR BODY IS BEING ENVELOPED BY AN ELECTRIC

(INFORMATIONAL) FIELD

WHICH IS EMANATING FROM THE MOTHERS HEART. THIS FIELD OSCILLATES WITH EMOTIONS, IN OTHER WORDS, IT CAN CHANGE FREQUENCIES AND THESE CHANGES CAN INFLUENCE THOSE COMING INTO CONTACT WITH IT. FURTHERMORE, OTHERS THAT COME INTO CLOSE PROXIMITY WITH THE MOTHERS FIELD WILL GENERATE AN INTERACTION WHERE INFORMATION CAN BE TRANSFERRED ENERGETICALLY. WITHOUT EVEN REALIZING WE ARE AN INTEGRAL PART OF OUR MOTHERS CONSCIOUS EXPERIENCES... BOTH GOOD AND BAD. THE SAME PRINCIPLE APPLIES TO ADULTS.

WHEN YOU CONSIDER WE ARE WATER-BASED RIGHT DOWN TO THE MOLECULAR LEVEL ONE HAS TO PONDER HOW MUCH OF AN INFLUENCE THOUGHTS AND FEELINGS OF THE MOTHER AND THOSE THAT INTERACT WITH THE MOTHERS HEART FIELD HAVE ON CELLULAR DEVELOPMENT. SOMETHING ELSE TO CONSIDER AS WELL IS THE PHENOMENON OF WATER MEMORY. IF WORDS OR EMOTIONS PROJECTED IN ANGER DISTORTS WATER AT A MOLECULAR LEVEL, WE HAVE TO WONDER WHAT KIND OF DISTORTION IS BEING MANIFEST TO WATER-BASED (SUB)ATOMIC STRUCTURES.

Sound frequencies are information in that they either carry or are instructions to organize matter. We can see this work through the process of Cymatics by making soundwaves visible. Different frequencies structure matter into different shapes. We decode these frequencies and hear a noise that is the frequency meaning we are tuned in. Frequencies are energy/force information. Beethoven's Ninth symphony is merely the construct of harmonic frequencies or oscillating energies/force. Thoughts and emotions, which define human experience contain all kinds of information depending on what we are thinking and how we are feeling. This information or knowledge is intangible even though it's coherent, organized, and intelligent. Love and hate will have unique frequencies and an entire spectrum of frequencies can manifest from Love and hate when you consider the kind of feelings we can will or manifest into experience. Thoughts and feelings are not only chemical-based but they are (electrical) energy or frequency based as well.

EVERYTHING THAT IS TANGIBLE IN NATURE HAS DIMENSION. THIS IS AN INESCAPABLE FACT. THE LENGTH OF SOMETHING REVEALS HOW LONG THAT SOMETHING IS. THIS IS INFORMATION. THE WIDTH OF SOMETHING DETERMINES HOW WIDE THAT PARTICULAR

SOMETHING IS. THIS IS INFORMATION. LIKEWISE THE DEPTH OF SOME-THING ESTABLISHES THE HEIGHT OF AN OBJECT — ALL OF THESE TANGIBLE QUALITIES DEFINE THREE DIMENSIONAL INFORMATION.

BUT WHAT DIMENSIONS DO THOUGHTS AND EMOTIONS HAVE IF THEY ARE TRANSMITTED ENERGETICALLY. WE HAVE TO UNDERSTAND THAT THOUGHTS AND FEELINGS HAVE DIMENSION IN THAT THEY ARE IMPRINTED ON/IN/AROUND INDIVISIBLE (SUB)ATOMIC PARTICLES AND THEREFORE ARE ATTACHED TO OR ARE AN INTEGRAL PART OF THE ENERGY ASSOCIATED WITH BRAIN WAVES, THE CARDIO COMMUNICATION SYSTEM, AND ELECTRIC FIELDS.

THE ENERGETIC COMMUNICATION IS THE MOST FASCINATING AND INTRIGUING ASPECT OF THIS CONCEPT. THIS IS THE (ENERGY) INFORMATION BEING TRANSFERRED BETWEEN ELECTRIC FIELDS. WE EXPERIENCE THESE TYPES OF INTERACTIONS WHEN WE WALK INTO A ROOM AND ARE ABLE TO SENSE SOMETHING IS WRONG. WE FEEL BAD VIBES OR A CHANGE IN THE ENERGY, BUT WE DON'T KNOW WHY AND MORE OFTEN THAN NOT WE WILL DISMISS THE VIBES EVEN THOUGH WE KNOW WE WERE PROBABLY THE TOPIC OF CONVERSATION MOMENTS BEFORE OR THAT A HEATED EXCHANGE HAS JUST TAKEN PLACE BETWEEN PEOPLE WHO ARE NOW FEIGNING FAKE SMILES. IT'S EASIER TO PRETEND IGNORANCE AND DISMISS WHAT WE RECOGNIZE DESPITE THE OBVIOUS STATIC OR ELECTRICAL FLUCTUATIONS LINGERING IN THE AIR.

THE CONCEPT OF INTELLIGENT ENERGY GETS EVEN FUZZIER BECAUSE ENERGY IS DEFINED THROUGH THE CONSERVATION OF ENERGY. "ENERGY CAN NEITHER BE CREATED NOR DESTROYED IT CAN ONLY BE TRANSFORMED FROM ONE STATE TO ANOTHER". THINK ABOUT THAT FOR A MOMENT. IF THOUGHTS, MEMORIES AND EMOTIONS WHICH CAN BE MEASURED VIA 'BRAIN-WAVES' AND ELECTRIC FIELDS, THEN THESE ELECTRIC PROJECTIONS CAN ONLY EXIST AS PART OF SOMETHING THAT CANNOT BE CREATED OR DESTROYED. SIMPLY STATED, WE COULD MAKE THE LEAP THAT THE HEART FIELD IS MASSIVELY MORE POWERFUL THAN THE BRAIN FIELD BECAUSE IT CONFIRMS WHICH ORGAN HAS THE INFLUENCE ON THE BODY. LIKEWISE, THE PRESENCE OF ELECTRIC FIELDS CONFIRM THE PRESENCE OF AT LEAST TWO ELECTRIC CURRENTS "PINCHED" AT POINTS CALLED NODES (THE BRAIN AND HEART). THE HUMAN BODY IS DESIGNED AS A NEAR-PERFECT CONDUCTOR OF ELECTRICITY BECAUSE IT IS VERY MUCH WATER-BASED... IT IS THE PERFECT MEDIUM (ENTITY) FOR FACILITATING THIS MYSTERIOUS FORCE.

THOUGHTS MANIFEST WITHIN AN ETHEREAL PART OF OUR HIGHER-SELF THAT WE CALL THE MIND. MEMORIES, LIKE THOUGHTS, ARE ENERGY-BASED AND ARE SEEN IN THE MIND AND NOT BEFORE OUR MATERIAL EYES. THESE THOUGHTS AND MEMORIES ARE INTANGIBLE. THEY ARE THE ELECTRONIC IMPULSES OF OUR BRAIN. SO WHERE DOES THIS "INFORMATION" DISAPPEAR TOO SINCE THE BRAIN IS FLESH AND BLOOD. AFTER ALL, THE BRAIN CONSISTS OF TISSUE THAT CONSISTS OF MOLECULES, WHICH ARE ATOMS FUSED TOGETHER... THEY ARE INDIVISIBLE PARTICLES... PIECES OF MATTER. WE KNOW THERE ARE NO FLESH AND BLOOD FILING CABINETS HIDDEN AWAY IN THIS BRAIN. WHEN THE HEART STOPS BEATING OR THE BRAIN CEASES TO FUNCTION THE HUMAN BODY BECOMES INANIMATE OR DEAD. THIS MEANS THE BODY IS NO LONGER BEING ANIMATED AND

ELECTRICITY OR OUR CONSCIOUSNESS ARE NO LONGER PRESENT IN THE MATERIAL FLESH. THIS MATTER BECOMES LIFELESS BECAUSE THERE IS NO MAGNETIC FIELD. THE BODY CANNOT FUNCTION WHEN THE ELECTRICAL FORCES HAVE DEPARTED. SO WHERE DOES THIS LIFE-GIVING FORCE OR DIVINE ENERGY MATRIX GO IF IT CANNOT BE CREATED OR DESTROYED. THE EVENTS, MEMORIES, OR DATA THAT CONSTITUTE THE SUM TOTAL OF YOUR LIFE BECOME PART OF THE AKASHIC RECORDS OR THE ETERNAL LIBRARY. THE ENERGY SIMPLY RETURNS TO THE DIVINE ENERGY MATRIX.

## YOUR KEYS TO ENERGETIC CONSCIOUSNESS

- 1. THE ENERGY MATRIX IS THE WEB OR EMBODIED ENERGY OF THE UNIVERSAL SOURCE, THE CONDUIT BETWEEN ALL THOUGHT, AND THE REFLECTION OR MIRROR THAT CREATES AN OBSERVABLE THOUGHT.
- 2. EVERYTHING IS ENERGY AND THEREFORE IS INTERCONNECTED.
- 3. YOU MUST SEE YOURSELF/ACCEPT AND ACKNOWLEDGE/BELIEVE YOU ARE A PART OF THIS ENERGY FORCE.
- 4. The energetic connection is always there whether tangible or indiscernible.
- 5. YOU HAVE THE ENERGETIC POWER TO MANIFEST YOUR THOUGHTS.
- 6. YOUR PRECEPT IS TO CREATE, EXPERIENCE, EVOLVE, AND RECREATE BY FOCUSING YOUR CONSCIOUSNESS.
- 7. THOUGHTS AND EMOTIONS ARE THE LANGUAGE OF THE ENERGY MATRIX.
- 8. THOUGHTS AND EMOTIONS MUST COME FROM THE HIGHER SELF. THEY MUST NOT BE MANIFEST FROM THE LOWER SELF OR EGO.
- 9. YOU ARE SUBJECT TO THE UNIVERSAL LAWS AND THEREFORE WHATEVER YOU MANIFEST IS SUBJECT TO THE UNIVERSAL LAWS.
- 10. THE UNIVERSAL SOURCE ACTS INSTANTLY UPON CONSCIOUS MANIFESTATIONS TO THE HIGHEST GOOD.
- 11. THE HOLOGRAPHIC EFFECT OF ALL MANIFESTATIONS WILL MIRROR THE WHOLE EFFECT.
- 12. THAT WHICH YOU MANIFEST, YOU CREATE IN YOUR BELIEFS.
- 13. THAT WHICH YOU CREATE IN YOUR BELIEFS, MANIFESTS AS YOUR TRUTHS AND IS REFLECTED IN YOUR ACTIONS, WORDS, DEEDS, AND RELATIONSHIPS.
- 14. THAT WHICH YOU CREATE FROM NEGATIVE MANIFESTATIONS CAN CREATE KARMIC DEBT.
- 15. THAT WHICH YOU CREATE FROM NEGATIVE MANIFESTATIONS CAN CREATE THE UNIVERSAL FEARS OF PERSECUTION, TRANSGRESSION, AND UNCONDITIONAL LOVE.

#### SUMMARY

OUR HABITS OF PERCEPTION AND THE NATURE OF OUR FIVE SENSES ARE THE REASON THAT WE SEE OURSELVES AND ALL THINGS AS SOLID MATTER. WHEN WE ADJUST OUR PERCEPTION TO SEE EVERYTHING AS ENERGY, IT OPENS US TO THE POSSIBILITIES THAT ARE CHARACTERISTIC OF ENERGY. EVERYTHING IS "ONE" WITHIN THE LANGUAGE OF ENERGY AND THAT IS WHY ANCIENT TRADITIONS ARE SO IMPORTANT BECAUSE THEY

REMIND US TO SEE THE FUNDAMENTAL OF CREATION AS ENERGETIC VIBRATION AND THAT AT THE SUBATOMIC LEVEL, EVERYTHING IS ENERGY.

WHEN WE EXPERIENCE OURSELVES AS ENERGY, VERSUS BEING SOLID-STATE, PARTICLE MATTER, WE UNDERSTAND OURSELVES AS BEING MORE FLUID AND ADAPTABLE. WHEN WE VIEW OURSELVES AS DENSE MATTER, WE ARE SLUGGISH AND EASILY OVERWHELMED. ENERGY CAN EASILY CHANGE STATES AND TRANSFORM.

ENERGY IS MUCH MORE ANALOGOUS TO HOW WE EXPERIENCE OUR THOUGHTS AND FEELINGS. WE CAN UNDERSTAND HOW THESE LIKE SUBSTANCES CAN AFFECT EACH OTHER. HENCE, WHEN WE VIEW OUR SELVES AS ENERGY, WE BECOME MORE OPEN TO UNDERSTANDING HOW OUR THOUGHTS, FEELINGS, AND BELIEFS AFFECT OUR STATE OF BEING. WHEN ALL IS ENERGY, INSIDE US AND OUTSIDE US, WE HAVE THE UNDERSTANDING OF HOW WE CAN TRANSFORM OUR LIVES BY CHANGING OUR THOUGHTS, FEELINGS, AND BELIEFS ABOUT OURSELVES AND ABOUT THE FIELD AROUND US.

IF WE MAKE THE FUNDAMENTAL ERROR IN OUR PERCEPTION, THAT WE ARE INDEPENDENT, ISOLATED, MATERIAL ENTITIES, THIS GIVES US A FALSE BELIEF THAT OTHER ISOLATED ENTITIES, OR THINGS, WILL PROVIDE US WITH HEALTH, HAPPINESS, AND SURVIVAL AND IN RETURN, THIS WARPS OUR PERCEPTION OF WHAT IS POSSIBLE. AS A RESULT, WE FIND OURSELVES CONSUMING THINGS IN AN ENDLESS CHASE BASED UPON A FALSE ASSUMPTION.

REALIZING OUR FUNDAMENTAL ONENESS WITH ALL OF CREATION IS THE FIRST STEP TO RESTORING OURSELVES TO INTERNAL WHOLENESS AND TO FINDING THE PEACE AND HAPPINESS THAT WE ARE SEEKING. FURTHERMORE, WHEN WE UNDERSTAND THAT WE INHABIT A PARTICIPATORY UNIVERSE THAT RESPONDS TO OUR NEEDS AND DESIRES, OUR EXPERIENCE OF LIFE CHANGES IN A FUNDAMENTAL WAY.

NOT ONLY ARE WE PART OF THE WHOLE, BUT THE FIELD ITSELF HAS CERTAIN CHARACTERISTICS THAT GIVE US TREMENDOUS POWER TO SHAPE OUR REALITY. THIS MEANS THAT EVERY THOUGHT, FEELING, BELIEF, AND ACTION REVERBERATES THROUGHOUT THE WHOLE INSTANTANEOUSLY AND EVERYWHERE. HOW WE ARE; THE STATE OF OUR BEING; OUR CONSCIOUSNESS; PLAYS A SIGNIFICANT ROLE IN THE POSSIBILITIES THAT WE PERCEIVE AND REALIZE IN THIS LIFE. WE CAN USE THIS INFORMATION TO CONSCIOUSLY PARTICIPATE IN MANIFESTING THE LIVES WE ARE MEANT TO LIVE.

YOU CAN EXPERIENCE A LIFE OF GREATER HEALTH, HAPPINESS, AND MEANING. TO DO SO, YOU MUST RECOGNIZE THAT WE ARE ENERGY AND, TOGETHER, WE ARE ALL PART OF THE ONE ENERGETIC FIELD. LOOK AT YOURSELF AND THOSE AROUND YOU AS ENERGETIC BEINGS, AS CO-PARTICIPANTS IN THE DIVINE MATRIX. FEEL YOUR ENERGETIC CONNECTION WITH EVERYONE AND EVERYTHING. DISCOVER THE POSITIVE DIFFERENCE THIS AWARENESS CAN MAKE IN YOUR LIFE.

WHEN WE SEE OURSELVES AS ENERGY, IT IS ALSO A SHORT STEP TO EXPERIENCING OURSELVES AS PART OF THE ONE ENERGETIC FIELD, RATHER THAN SEPARATE FROM IT.

There is a very fine line between imagination and reality.

## THOUGH FORM CREATION EXERCISE

#### 1. SET YOUR INTENT

The more specific your intent, the easier it is for the Universal Source to know what it is you really want and answer your request. Specific desires create specific results, while vague or unclear goals generally do not create any results. If the Universal Source can't understand it, then you won't create it. A powerful intent is also one that is a true desire, which stems from deep inside the heart. This desire is one which is totally free from any "shoulds", "need to's and "have to's". It is a desire that comes from the Higher Self. It is important that your intent feels empowering and freeing anytime you focus on it, and that the outcome you are projecting is something you are actually able to visualize. The essential key to setting a strong intent is making a declaration to the Universal Source out loud about what you want to manifest. Speak it as if the entire Universe can hear you, and then know it has been fully received.

#### EXAMPLE:

WITH SUFFICIENT DESIRE AND SUFFICIENT BELIEF, I FIRMLY AVOW, ASCRIBE, RESTORE, ACCESS, AND COMMAND ALL PSYCHIC CAPABILITIES, ENERGIES, GIFTS, ABILITIES, KNOWLEDGE, WISDOM, WEALTH, AND POWERS TO MY BODY AND THIS LIFE. SO SHALL THIS BE.

# 2. CREATE AND HOLD A HIGH VIBRATIONAL STATE:

BEGIN BY CREATING AND HOLDING A HIGH POSITIVE VIBRATIONAL STATE. BY NOW THIS SHOULD COME EASY TO YOU. THE DEEPER AND MORE AUTHENTICALLY YOU CAN CREATE AND HOLD YOUR VIBRATIONAL STATE, THE EASIER IT IS TO VISUALIZE YOUR MANIFESTED DESIRED OBJECT OR EXPERIENCE AND THE EASIER AND FASTER THIS MANIFESTATION CAN BECOME A REALITY. THE POSITIVE FEELINGS THAT COME FROM VISUALIZING YOUR DESIRE HAS ALREADY HAPPENED BECOMES THE CONDUIT THAT THRUSTS THIS MANIFESTATION INTO THOUGHT FORMS. THEREFORE, KEEP FOCUSING AND HOLDING ONTO THE EXCITING AND EMPOWERING FEELING OF HAVING ALREADY MANIFESTED WHAT YOU WANT FOR AS MANY CONSECUTIVE SECONDS IN A ROW THAT YOU CAN! THE LONGER YOU CAN HOLD ONTO THE FEELING, THE FASTER IT WILL SHOW UP IN YOUR LIFE. THE UNIVERSAL SOURCE WILL ACT ON IT INSTANTLY.

#### 3. DETACH FROM THE OUTCOME:

THE MOST IMPORTANT POINT IS TO AVOID GETTING ATTACHED TO RESULTS AND TRYING TO MAKE IT HAPPEN. THE SECRET IS IN LEARNING HOW TO RELEASE EXPECTATIONS, WHICH ARE PROJECTIONS OF THE MIND GENERALLY MIRED IN FEAR, AND TRUSTING THE UNIVERSAL SOURCE HAS ALREADY PROVIDED THE PERFECT AVENUE FOR ITS MANIFESTATION. DETACHING FROM THE OUTCOME MEANS YOU ARE ALLOWING YOURSELF TO RECEIVE EXACTLY WHAT YOU WANT OR SOMETHING BETTER. DETACHING IS BASICALLY DENYING THE EGO (WHICH IF YOU TRANSFIGURED SHOULD NOT BE AVAILABLE) AND TRUSTING THE UNIVERSAL SOURCE COMPLETELY. THE KEY IS TO CONSCIOUSLY FORGET ABOUT YOUR DESIRE, YET SUBCONSCIOUSLY HOLD THE INTENT FIRMLY, THEREBY GIVING THE UNIVERSAL SOURCE FULL PERMISSION TO MANIFEST YOUR DESIRE FOR YOU! THE MANIFESTING PROCESS JUST HAPPENS WHEN YOU ARE SIMPLY BEING A LIVING BREATHING BALL OF TRUST. THIS OPENS YOU UP TO BEING THE RECEIVER SO THAT THE DESIRED OUTCOME OR EXPERIENCE COMES DIRECTLY TO YOU!

### 4. Take Inspired Actions:

SOMETIMES YOUR MANIFESTATION WILL REQUIRE YOU TO TAKE INSPIRED ACTIONS IN THIS WORLD TO CREATE WHAT YOU WANT. THE MOST EFFECTIVE KIND OF ACTIONS ARE THOSE THAT COME FROM AN INSPIRED PLACE WHICH MAKE EVERYONE NATURALLY FEEL EXCITED AND MOTIVATED. THE SIMPLEST WAY TO DETERMINE IF YOU ARE INSPIRED TO DO SOMETHING IS TO CHECK INSIDE YOUR HEART. IF DOING THIS SPECIFIC ACTIVITY EXPANDS YOUR HEART AND SEEMS TO ADD ENERGY OR JOY TO IT, YOU ARE OPERATING FROM AN INSPIRED PLACE. IF, ON THE OTHER HAND, YOUR HEART FEELS TIGHT, CONTRACTED OR YOU SENSE IT IS YOUR DUTY TO DO IT, THIS ACTION IS COMING FROM A PLACE OF FEAR OR A PHYSICAL ACTION THAT WILL PREVENT THE MANIFESTATION. IT IS MORE IMPORTANT TO FEEL YOUR VIBRATION SOARING AND SOON THE SYNCHRONICITIES WILL SUDDENLY START TO APPEAR. THE PROCESS OF THOUGHT FORM MANIFESTING YOUR DREAMS IS INDEED MUCH EASIER THAN YOU HAVE EVER IMAGINED. ALL IT TAKES IS A LITTLE COURAGE TO TRY OUT SOMETHING NEW, AND AN OPEN MIND THAT DOESN'T KNOW HOW TO CLOSE.