

LET YOURSELF GO ON A JOURNEY FROM SOUND TO SILENCE, FROM MOVEMENT TO STILLNESS, FROM A LIMITED IDENTITY, TO UNLIMITED TIME AND SPACE

AS WE BEGIN THIS JOURNEY AND THE CRYSTAL HARMONICS WASH OVER YOUR BEING, IN THIS MOMENT YOU ARE HEALED OF ALL ILLNESSES, DISEASES, AND HARM.

LET THIS MOMENT GIVE YOU INNER PEACE, A GLIMPSE INTO YOUR SOUL AND A TASTE OF THE TRUTH THAT RESIDES WITHIN YOU.

QUIET YOUR MIND, SO YOU CAN HEAR YOUR SOUL. WHEN YOUR MIND IS QUIET, YOU HEAR THE UNIVERSE.

BE MINDFUL AND YOU WILL FIND TIME. TIME WILL GIVE YOU CHOICES. CHOICES SURRENDER TO POTENTIALS AND POTENTIALS SET YOUR SOUL FREE.

TAKE THIS TIME NOW TO REINTRODUCE YOUR HEART TO WHAT HAS BEEN MISSING IN YOUR LIFE.

LIVE AS IF EVERYONE AND EVERYTHING WAS PUT HERE TO ENLIGHTEN YOU. SURRENDER TO THE WISE AND DIVINE TEACHERS AND AWAKEN EVERY ASPECT WITHIN YOURSELF.

RELEASE ALL CONCERNS FOR WHAT OTHERS THINK OF YOU. YOU ARE INDEPENDENT OF EVERYONE ELSE'S OPINIONS AND JUDGMENTS.

HONOR THE INFINITE POWER BEHIND ALL YOUR THOUGHTS, WORDS, AND DEEDS. KNOW THAT EVERYTHING YOU SAY AND THINK CONTAINS A SACRED POWERFUL MANIFESTING ENERGY FROM THE UNIVERSAL SOURCE.

YOU ARE FULLY AWAKE TO THIS TIME AND SPACE. YOU RECOGNIZE THE IMPORTANCE OF EVERY MOMENT IN EVERY EXPERIENCE IN THIS UNIVERSE.

YOU HAVE CONFIDENCE AND TRUST IN YOUR EXPERIENCES. YOU HAVE PEACE AND JOY IN ALL THINGS YOU SEEK, SAY, AND DO.

YOU REVEAL, EXPOSE, ENGAGE, RELEASE, AND TRANSFORM ALL NEGATIVE EMOTIONS AND NEGATIVE THOUGHT PATTERNS WITHIN YOURSELF. YOU ARE UNCONDITIONAL LOVE AND YOU FILL YOURSELF WITH THE LIGHT.

YOU RESPECT THE DIVINITY WITHIN YOURSELF. YOU RESPOND TO EVERYONE AND EVERYTHING WITH YOUR FULLEST PRESENCE OF BEING.

YOU ALLOW UNCONDITIONAL LOVE, PEACE, AND PURE JOY TO INFINITELY FLOW THROUGH THE CORE OF YOUR BEING. YOU ARE UNCONDITIONAL LOVE, INNER PEACE, AND YOU FILL YOURSELF WITH THE LIGHT.

YOU LET GO OF ALL THAT DOES NOT SERVE YOU AND CHOOSE TO HEAL YOUR HEART, MIND, BODY AND SOUL WITH UNCONDITIONAL LOVE, COMPASSION AND KINDNESS.

YOU ARE ETERNALLY LOVED BY THE UNIVERSAL SOURCE.

YOU FEEL ABUNDANCE ALL AROUND YOU AND WITHIN YOU. YOU ARE A POWERFUL CO-CREATOR OF THIS UNIVERSE AND YOU TRUST THAT ALL YOUR NEEDS WILL ALWAYS BE MET.

YOU STRONG, GROUNDED AND ROOTED IN YOUR BEING. YOU ARE CONNECTED TO THE UNIVERSAL SOURCE AND TO YOUR BODY AND YOU SEND IT RAYS OF HEALING WHITE LIGHT.

YOU ARE ALIGNED WITH YOUR HIGHEST TRUTH AND COMMUNICATE ALL YOUR NEEDS, WANTS AND DESIRES WITH UNCONDITIONAL LOVE, UNDERSTANDING AND COMPASSION.

YOU CONNECT WITH THE DIVINE SOURCE AND ASK FOR GUIDANCE THROUGH THE SACRED TRANSFORMATIONS IN YOUR LIFE.

EVERYDAY YOU NOTICE AND FEEL GRATITUDE FOR THE ABUNDANCE AROUND YOU.

YOU ARE BRAVE AND UPRIGHT IN THE FACE OF TRIALS AND TRIBULATIONS IN THE WORLD AROUND YOU

SOURCE CHOSE YOU TO BE THE REMEMBRANCE, THE ETERNAL WAY, AND THE PATH TO THE LIGHT.

I OFFER YOU THE BLESSINGS OF JOY AND PEACE AND THE KNOWLEDGE THAT YOU ARE THE EVOLUTION OF BODY, MIND, AND SOUL IN SOURCE.

