

## HIGHER OCTAVES OF CONSCIOUSNESS

Being consciously aware has everything to do with your state of consciousness. Given this concept, we must always strive to increase our perspective, thereby increasing our state of consciousness, in our pursuit of perfecting self. This is truly our quest for the unity of consciousness.

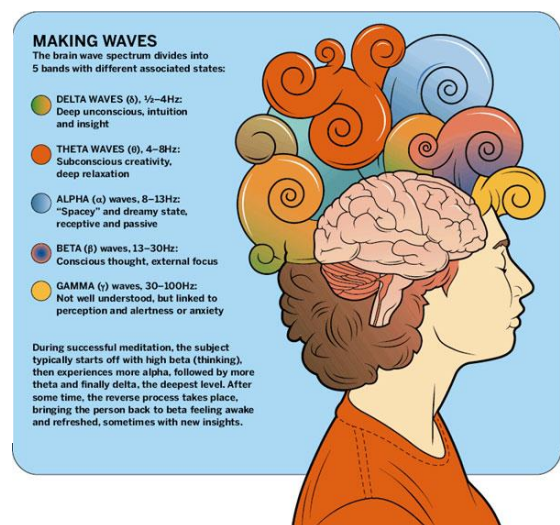
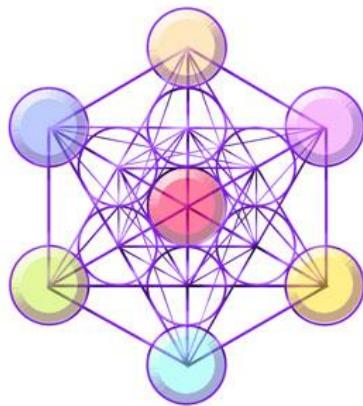
The signs of being Consciously aware are surprisingly simple to recognize.

1. Allow and accept inspired actions to happen around you, rather than trying to make things happen
2. Find and appreciate the joy in your life
3. Recognize the connection between you and others, and nature.
4. Act in accordance with your truths in everything you think, say, and do, rather than acting upon fears.
5. Recognize the aspects of things and people around you without interpreting the motives.
6. Release all worry.
7. Release all conflict.
8. Release judgement.
9. Release doubt
10. Accept your recognition with confidence
11. Understand, act, and appreciate your purpose with gratitude
12. Always seek higher forms of consciousness through your truths and practices.

To activate, anchor and consciously experience all of the conscious practices completely, it is critical to remember all seven of the stages of consciousness.

Furthermore, as we attain higher and higher octaves of enlightenment, let us make sure that each new level of Conscious awakening acts as a solid foundation and platform to support the next level of conscious attainment and Conscious awakening.

This practice will have a profound effect upon your path of enlightenment and Conscious awakening. From the initial stage of your Conscious awakening, the opening the crown chakra, and all the way to complete Universal Source Realization, this practice will serve you in a powerful manner.



*(A template for attaining higher octaves of Enlightenment in a dramatically easier and more achievable manner with efficiency)*

The seven octaves of Enlightenment are seven stages of consciousness that increase in frequency of awakened awareness as one approaches various levels of Conscious Awakening leading to the theoretical state of full Universal Source-Realization. These attainments advance one towards a complete ascension through all dimensions culminating in the reunification of all.

These seven attainable states act as hierarchal platform for the awakening of one's consciousness. This allows for one to more fully and consciously observe and witness our internal Higher-Self. This leads one more consciously towards the grand state of complete Conscious Awakening and full Universal Source-Realization.

These seven stages of Enlightenment are non-linear and act to support, augment, realize and anchor the other six states.

The seven octaves will be presented from multiple perspectives so as to make them more understandable.

Initially they may seem complicated , but they are easily attainable through specific simply understood practices.

The "First Octave of Enlightenment is "EXISTING". This is the state that which we are prior to the engagement of mind. This state of consciousness can be associated with the concepts of silence, stillness, the now moment, outside of matter, energy, space and time. It is the state of pure consciousness and the conscious experience of unconditional love.

The realization of this state is like universal Soul retrieval and a universal rebirthing. It allows for us to be all here as one complete Soul. If we wish to be fully realized, we must have our Soul be whole and completely present here in a state of oneness. All that we are can be fully enlightened when our Soul is fully reunited.

This state helps us achieve our full Enlightenment of all that we are from within this dimension. This state emerges from that which is prior to time and prior to Creation. It operates at the level of non-consciousness and its state is "oneness"

The "Second Octave of Enlightenment" is BECOMING AWARE OF THAT EXISTENCE. Here the field of mind is engaged by one's mental body. Here mind begins to overshadow consciousness. We are not mind. We are consciousness; however, mind thinks it is consciousness.

We are within a dimension that must have mind to function. Where can we find a nexus between mind and consciousness? This nexus is at Divine mind where mind functions at its highest.

Practices are to perfect our subtle anatomy to be able to perceive our Higher Self that we have always been within. This includes the training and mastery of the mental body so that it correctly accesses Divine Mind.

These 2nd octave practices are mental body based practices designed to improving ones mental functioning such as in decision making, belief system transformation, realization of Purpose (Dharma) and Karmic transmutation. It operates at the level of unconsciousness and its state is I.

The “Third Octave of Enlightenment” is the process of becoming awakened into the awareness that you, I, is the unification of the Universal Source. The 3rd octave vibrates at the awakened frequency of light which is the first level of Enlightenment

This level of consciousness is what is classically associated with Enlightenment on our planet and is 99% of what is taught as Enlightenment by the vast majority of teachers. It operates at the level of sub consciousness and its state is light.

The “Fourth Octave of Enlightenment” is becoming aware that you and the Universal Source are at the frequency that is awakened to the Conscious level of unconditional love.

This is centered in our hearts and reflects this realized level of unconditional love throughout all of our subtle bodies and into our lives. It operates at the level of the consciousness of our awakened awareness, and its state is unconditional love.

The “Fifth Octave of Enlightenment” is learning to become awakened, in an anchored state, at a Conscious level in the collective consciousness of humanity. This Conscious Awakening extends into all universes, dimensions, creations, and realities to serve collectively in a conscious union. This union helps serve humanity and the ascension of all into a full reunification of all as the Universal Source. It operates at the level of super consciousness, and its state is compassion.

The “Sixth Octave of Enlightenment” is raising the consciousness of our physicality (our matter) through the seven levels of consciousness.

This correlates to achieving the state of transfiguration (the fourth of the seven stages of awakening ). It operates at the level of Consciousness and its state is unity.

The “Seventh Octave of Enlightenment” is the merging all of the octaves into a Divine union as one and accelerating them as a whole raised together through the seven levels of consciousness. This unified level of consciousness becomes expanded through all universes, dimensions, creations, and realities. This expansion then occurs throughout the illusion of time past, present, and future.

Ultimately this state must become fully anchored, established and maintained. It operates at the level of the Universal Source consciousness and its state is union.

The practices of achieving these heightened states of Conscious Awakening are really about 8th grade level! They are realistically and easily attainable for all those who practice.

The practices are really quite easy “IF” you are willing to Consciously choose the determination to practice these states until each level of Conscious Awakening is activated, attained and then anchored.

It is generally quite easy to activate a state of consciousness. It is quite another thing to anchor, establish and maintain an awakened state of consciousness especially in relationship to ongoing experience.

This is where it is of critical importance to practice “attained” states until the mind has been retrained to “maintain” this giving state or level of Conscious Awakening. This is especially important in relationship to whatever “experiences” are occurring around one,

The first “contextual” attainment is to get the practice to go “all the way. By this I mean to achieve an awakening at a full Conscious state of awareness,

The second “contextual” attainment is to continue a practice until it expands at a Conscious state of awakened awareness throughout all universes, dimensions, creations and realities.

The third “contextual” attainment is to continue a practice until it expands and permeates, at a fully Conscious awakened level, the entire illusion of time past, present, future.

The fourth and most important “contextual” attainment is to continue a practice, along with using one’s intent of will, until an awakened state has anchored established and maintained throughout the three previous attainments (Conscious level/all universes, dimensions and realities/past, present and future).

What good does it do to activate an awakened state of consciousness if it can’t be maintained?

One will find that they experience a much greater Conscious Awakening, more dramatic realizations and a far better capacity to maintain given states if one does their practices within these four contexts.

Conscious Awakening such as the opening of the crown chakra has tremendous value when it becomes permanently maintain.

Only when a level of Conscious Awakening, such as the opening of the crown chakra exemplified above, can that state anchor as a platform to build even higher and more advanced attainments upon.

If you are on a path of Enlightenment, Self Realization and Conscious Awakening, it is critical for you to learn to approach the content of various practices with the context of these four principles. This will allow you to anchor, establish and maintain any and all achievements.

You will make far greater strides with tremendous certainty in your path of Conscious Awakening if you adopt these principles.

When one is advancing through progressively higher octaves of Enlightenment and Conscious Awakening, it is critical to experience each stage to the maximum level of awakened awareness.

This pinnacle of consciously awakened experience is typically called the conscious level of awareness.

Similarly to climbing the rungs of a ladder, one needs a solid foundation to act as a platform to achieve the next rung of conscious attainment.

In a ladder each rung must be strong and solid. In an enlightenment progression each level of conscious attainment must be fully anchored, established and maintained.

To anchor a stage of consciousness or facet of enlightenment, one must experience that state at a complete level of awakened awareness.

Only when a stage of consciousness is experienced fully at a conscious level of awareness can it be solid enough to support continual progressions of higher and higher levels of enlightenment.

This level of Conscious awakening is the conscious level of experiencing a stage or level of enlightenment in its most complete degree of conscious experience and awareness.

As in all experiences in life, we can template the process of attainment to create greater efficiency and tremendous certainty of achievement.

If we template experiencing consciousness at a completely awakened level of conscious, we create tremendous certainty and efficiency in the attainment and anchoring of the various progressive stages of consciousness that we are practicing.

In the "Seven Octaves of Enlightenment" practices, we progress through stages of Conscious awakening and enlightenment. Each stage should be experienced at a complete level of conscious awareness. There are seven levels of conscious awareness.

If you will memorize these seven levels of conscious, you will be able to apply them to any and all consciousness methods that you are practicing.

An example might be to open your crown chakra or heart chakra. If the attainment of opening the crown chakra is experienced at a complete level of consciousness then there will be a dramatically greater likelihood that the crown chakra will remain opened.

When the crown chakra is anchored in an opened state permanently, then it can act as a platform to progress to more advanced stages of enlightenment and Conscious awakening.

The following are the seven stages of consciousness. please memorize the progression of the seven levels as you will apply them contextually to all of the Seven Octaves practices.

I will present them as an allegory as it will be easier to understand and memorize them.

Here is the allegory:

Imagine you have a mason jar in front of you. There is light within this mason jar. Let us agree that the light within the mason jar creates at least some level of illumination of the mason jar. We can also consciously observe that the light itself within the mason jar is in an unawakened state of awareness.

Can we activate this light to pass through a full Conscious awakening? Can this Conscious awakening be experienced to the highest degree of conscious awareness?

We can use the intent of our will to activate the light within the mason jar into a higher frequency of vibration, energy and consciousness. Just like turning a rheostat up on a light switch, we can use the intent of our will to accelerate the Conscious awakening of this light until it is completely awakens at a conscious level. We can then expand this attainment of conscious awakening to the maximum degree.

### Practice

Using the intent of your will, begin invoking and direct more energy, vibration and consciousness into the light within the mason jar. Observe the light begin to increase through a progressive conscious awakening.

This progression will increase through seven levels:

Continue directing energy into the light within the jar until the energy of the light builds so much that it transforms into an “awakened” (Enlightened) state. The light itself becomes awakened and “enlightened”.

Now that this light is in an Enlightened state, continue directing even more energy until so much builds that the Enlightened state begins to vibrate at the energy of Unconditional Love.

Now that the energy in the jar is vibrating at the state of Unconditional Love, continue adding even more energy until it builds to the point that the Unconditional Love “awakens” consciously. Continue directing even more energy until the Unconditional Love awakens all the way. The Unconditional Love will literally awaken at a complete conscious level of awakened awareness.

Now that the energy in the jar is at the maximum “conscious” level of awakened awareness, we will use the intent of our will to expand this state. Using the intent of our will we will direct even more energy and expand this fully consciously awaken Unconditional Love throughout:

Our entire Universe

All dimensions

All creations

All realities

The Multiverse

Now that this consciously awakened Unconditional Love has expanded in all areas, we will now direct even more energy and expand this consciousness throughout the entire illusion of time.

The Past

The Present

The Future

Now that this fully awakened conscious Unconditional Love has been expanded through all areas and all time frames, we will use the intent of our will to Anchor, Establish and Maintain this state permanently.

# The 7 Levels Of Consciousness

